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ACTIVITY LEVELS OF AUSTRALIANS
JANUARY/FEBRUARY 1987

User's Guide for the Machine-Readable
Data File

(SSDA Study No. 433)

Social Science Data Archives



The Australian National University
Canberra 2600

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ACTIVITY LEVELS OF AUSTRALIANS
JANUARY/FEBRUARY 1987

User's Guide for the Machine-Readable
Data File

(SSDA Study No. 433)

Principal Investigator
Sport, Recreation and Tourism Department

Data Collected by
The Roy Morgan Research Centre Pty Ltd

User's Guide Prepared by
Social Science Data Archives
June 1987

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SOCIAL SCIENCE DATA ARCHIVES

MRDF CATALOGUING DURING PRODUCTION DATA

(Machine-readable data file plus user's guide)

Activity levels of Australians, January/February 1987
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Summary: This study is one of a group of surveys conducted
at six month intervals for the purpose of establishing
accurate data on the proportion of the population which is
regularly and persistently active, to assist in planning
appropriate recreation and fitness programs. Respondents were
questioned about their participation in physical activity
during the two weeks preceding the interview. For a range of
sporting and other activities respondents were asked the
frequency, the amount of time involved each time, and the
level of energy expended on each event. Questions were also
asked about activities within organised clubs, advertised or
sponsored events, and participation alone or socially. Reasons
for inactivity were also obtained. Background variables
include age, sex, marital status, education, occupation,
income, state, electorate, birthplace, work status, number of
children, religion, type of dwelling, size of town.

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Morgan Research Centre. III. Australian National
University. Social Science Data Archives.
(Series: SSDA study; no. 433).

ACKNOWLEDGEMENT OF ASSISTANCE

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QUESTIONNAIRE

Study Description



The Australian National University
Canberra 2600

SOCIAL SCIENCE DATA ARCHIVES
THE AUSTRALIAN NATIONAL UNIVERSITY

Study No.
SSDA 433

ACTIVITY LEVELS OF AUSTRALIANS, JANUARY/FEBRUARY 1987

STUDY DESCRIPTION

IDENTIFICATIONS AND ACKNOWLEDGEMENTS

TITLE OF STUDY

Activity levels of Australians, January/February 1987

LOCAL ARCHIVE WHERE STUDY IS STORED

Social Science Data Archives
The Australian National University
G.P.O. Box 4
Canberra, A.C.T. 2601

number of study (data set): SSDA 433

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Sport, Recreation and Tourism Department
G.P.O Box 787
Canberra City A.C.T 2601

DATE OF DEPOSIT

3 June 1987

PRINCIPAL INVESTIGATOR

Sport, Recreation and Tourism Department

DATA COLLECTOR

The Roy Morgan Research Centre Pty Ltd

FUNDING AGENCY

Sport Recreation and Tourism Department
1986/87 Recreation and Fitness Programs

OTHER IDENTIFICATIONS/ACKNOWLEDGEMENTS

Ms Judy Rex
Senior Project Officer
Roy Morgan Research Centre

Ministry of Tourism and Recreation
Government of Ontario, Canada
- supply of some questions and 'Mets Index'
(see reference below)

ANALYSIS CONDITIONS

RESEARCH TOPIC (ABSTRACT)

This study is one of a group of surveys conducted at six month intervals for the purpose of establishing accurate data on the proportion of the population which is regularly and persistently active, to assist in planning appropriate recreation and fitness programs.

Respondents were questioned about their participation in physical activity during the two weeks preceding the interview. For a range of sporting and other activities respondents were asked the frequency, the amount of time involved each time, and the level of energy expended on each event. Questions were also asked about activities within organised clubs, advertised or sponsored events, and participation alone or socially. Reasons for inactivity were also obtained. Background variables include age, sex, marital status, education, occupation, income, state, electorate, birthplace, work status, number of children, religion, type of dwelling, size of town.

KIND OF DATA

survey

TIME DIMENSIONS

cross-sectional (one-time) study - partial replication
The same survey instrument was used on another five occasions (see SSDA Study Nos 350, 352, 353, 370, 384 and 411)

DEFINITION OF TOTAL UNIVERSE (UNIVERSE SAMPLED)

persons throughout Australia aged 14 years and over

SAMPLING PROCEDURES

area-cluster sample with quota

Each weekend of the year, from mid-January to mid-December, the Roy Morgan Research Centre conducts its "Consumer Opinion Trends" (C.O.T.) surveys. The data from this study was derived from questions commissioned within the C.O.T. omnibus surveys, and was collected from three samples interviewed over three consecutive weekends.

Interviews were conducted in each wave within each of 110 electoral subdivisions chosen at random within 13 strata based upon the six states and the two territories, split into urban and rural categories. Within each of these sub-divisions one elector's name was selected at random. The residence adjoining this elector's was the first contact dwelling and further adjoining dwellings were approached until the quota of ten interviews was filled.

NUMBER OF UNITS (CASES)

number of cases (unweighted): 3594

DATES OF DATA COLLECTION

first date of data collection: 24 January 1987

last date of data collection: 8 February 1987

METHOD OF DATA COLLECTION

personal interview

DATA GATHERING STAFF

interviewers trained by the Roy Morgan Research Centre drawn from a pool of 480 Australia wide

WEIGHTING

weighting criteria

the use of age, sex and locality in relation to known frequencies to obtain representativeness

weighting procedures

88 age-sex-locality groups were weighted to their correct proportions for the latest estimates available for the population aged 14 years and over. The groups are comprised of all combinations of 2 sexes, 4 ages (14-24, 25-34, 35-49, 50+), and 11 localities (the 5 mainland capitals, the 5 remaining mainland regions, and Tasmania)

DIMENSIONS OF DATA SET

number of cases: 3594

number of variables per case: 257

number of cards per case: 9

Codebook



The Australian National University
Canberra 2600

CODEBOOK INFORMATION

The example below is a facsimile of information appearing in the codebook for a typical variable. The numbers in square brackets do not appear but are references to the descriptions which follow this example.

[1] VAR 56 [2] Q17 [3] AGE GROUP
 [4] LOCATION: 62 [5] FORMAT: F1.0 [6] CODE FOR MISSING 0
 [7] CARD NO: 1 [8] COLUMN: 62- 62

[9] Q17. WOULD YOU MIND TELLING ME YOUR APPROXIMATE AGE?

[10]	[11]	[12]	[13]
12	4.6%	(1)	UNDER 25
67	25.5%	(2)	25 - 29
73	27.8%	(3)	30 - 34
35	13.3%	(4)	35 - 39
33	12.5%	(5)	40 - 44
20	7.6%	(6)	45 - 54
12	4.6%	(7)	55 - 64
11	4.2%	(8)	65 AND OVER
24	----	(Ø)	MISSING

- [1] A variable number is assigned consecutively to each variable in the data file.
- [2] An abbreviated (8 character maximum) variable name.
- [3] An expanded version of the variable name, or variable label (40 character maximum).
- [4] The starting column location of this variable within the record.
- [5] Indicates the width and character type of the variable within the record. The character type is either alphanumeric or numeric. The format element indicating an alphanumeric variable takes the form *Aw*, where *w* is the column width of the variable. The element indicating that a variable is numeric is *Fw.d*, where *w* indicates the column width of the variable (including the sign and decimal point if punched), and *d* is the number of digits and columns to the right of the decimal point.
- [6] Indicates codes for missing values.
- [7] Indicates the card, or deck, of this variable when the data are in card-image format (80 - column format).
- [8] Indicates the first and last column location of this variable.

- [9] Indicates the full text (question) of the variable description supplied by the original collector of the data. The question text and the numbers and letters that may appear at the beginning reflect the original wording of the questionnaire item.
- [10] The absolute frequency of occurrence of each code value in the data file.
- [11] The relative frequency (percentage) of occurrence of each code value in the data file.
- [12] The code values occurring in the data for this variable.
- [13] The textual definitions of the codes, or value labels.

Note 1.

The variable name, variable label, value labels and missing values are reproduced in the SPSS set-up file which is distributed with the data file.

Note 2.

Items [10], [11], [12] and [13] above may not be provided for all variables, for example, where there are variables with unlabelled values, or where the number of values for a variable is too large to incorporate comfortably into the codebook. Frequencies and codes for these variables appear in a frequencies addendum.

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
CARD IDENTIFICATION			
1	STATE	STATE AND CAPITAL	1
2	ELECT	ELECTORATE SUBDIVISION	1
3	ININO	INTERVIEW NUMBER	1
4	COTNO	CONSUMER OPINION TRENDS SURVEY NUMBER	1
5	WHENDONE	WHEN C O T SURVEY WAS DONE	2
6	CLUSTER		2
NUMBER OF TIMES ACTIVITIES WERE DONE			
7	ACTSDONE	NO OF TIMES ACTIVITIES DONE	2
8	SPORTCLB	AT SPORT CLUB	2
9	HLTHCNTR	AT HEALTH CENTRE	3
10	ALONE	ALONE OR WITH FRIENDS	3
11	METVALUE	METABOLIC VALUE	3
12	MINUTES	TOTAL TIME IN MINUTES	3
DEMOGRAPHIC VARIABLES			
13	AGE		4
14	CTYBIRTH	COUNTRY OF BIRTH	4
15	MARISTAT	MARITAL STATUS	4
16	EDUSTAT	EDUCATIONAL LEVEL	4
17	WORKSTAT	WORK STATUS	5
18	INCOME1	ANNUAL INCOME IF WORKING	5
19	OCCUPAT1	OCCUPATION OF RESPONDENT IF WORKING	6
20	EMPLOYER		6
21	TVSETS	NO OF TV SETS IN HOUSEHOLD	6
22	VCR	OWN OR RENT VCR	7
23	CHILDREN	NO OF CHILDREN UNDER 16	7
24	INCOME2		7
25	OCCUPAT2		8

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
26	EMPLOY2		8
27	LIFECYCL	LIFECYCLE OF RESPONDENT	8
28	GBLIFE	LIFE CYCLE OF GROCERY BUYER	9
29	WRKLOOK	NO OF PEOPLE LOOKING FOR WORK	9
30	AGEREC	AGE GROUP BEFORE RECODE	9
31	ADULTS	NO OF ADULTS IN HOUSEHOLD	9
32	PEOPLE	NO OF PEOPLE IN HOUSEHOLD	10
33	TELEPHON	TELEPHONE IN HOUSEHOLD	10
34	SEX		10
35	GBRESP	RESPONDENT IS GROCERY BUYER	10
36	GBSEX	SEX OF GROCERY BUYER	11
37	GBAGE	AGE OF GROCERY BUYER	11
38	GBWORK	WORK STATUS OF GROCERY BUYER	11
39	RMIE	RESPONDENT MAIN INCOME EARNER	11
40	MIEOCC	MAIN INCOME EARNER'S OCCUPATION	11
41	MIEINC	INCOME OF MAIN INCOME EARNER	12
42	ELECTROL	ON FEDERAL ELECTORAL ROLL	12
43	RELIGION		12
44	FTWORKRS		13
45	PTWORKRS		13
46	TYPEDWEL	TYPE OF DWELLING	13
47	CITYTYPE	SIZE OF CITY OR TOWN	14
48	CARDNO1	CARD NUMBER 1	14
49	STATE2	STATE IDENTIFICATION ON CARD 2	14
50	IDENINO2	IDENTIFICATION NO ON CARD 2	14
	ACTIVITY DETAILS FOR FIRST ACTIVITY		
51	ACTNO1	NAME OF FIRST ACTIVITY LISTED	14
52	NOTIMES1	NO OF TIMES ACTIVITY DONE	15
53	TIME1	TIME TAKEN IN HOURS AND MINUTES	15
54	VIGOR1	LEVEL OF VIGOR	15

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
55	SPTCLB1	NO OF TIMES AT SPORTING CLUB	15
56	HLTHCNT1	NO OF TIMES AT HEALTH CENTRE	15
57	ALONE1	NO OF TIMES ALONE OR WITH FRIENDS	16
58	METVAL1	METABOLIC VALUE OF ACTIVITY	16
59	MINUTES1	TOTAL TIME IN MINUTES OF ACTIVITY	16
60	PUBLIC1	AT PUBLIC FACILITY	16
61	GYM1	AT GYMNASIUM OR COMMUNITY CENTRE	17
62	SCHOOL1	AT SCHOOL OR UNIVERSITY	17
63	ATHOME1	AT A PRIVATE HOUSE	17
64	FOOTPTH1	ON FOOTPATH OR ROADWAY	17
65	CYCLPTH1	ON A CYCLE PATHTY	17
66	NATURE1	AT NATURE RESERVE OR FOREST	17
67	BEACH1	AT BEACH, RIVER, DAM OR LAKE	17
68	OTHRPLC1	ANY OTHER PLACE	18
69	PARK1	AT LOCAL PARK OR GARDEN	18
70	CANTSAY1	CAN'T SAY	18
71	CARDNO2	CARD NUMBER 2	18
72	STATE3	STATE IDENTIFICATION ON CARD 3	18
73	IDENINO3	IDENTIFICATION NO ON CARD 3	18
ACTIVITY DETAILS OF SECOND ACTIVITY			
74	ACTNO2	NAME OF SECOND ACTIVITY LISTED	19
75	NOTIMES2	NO OF TIMES ACTIVITY DONE	19
76	TIME2	TIME TAKEN IN HOURS AND MINUTES	19
77	VIGOR2	LEVEL OF VIGOR	19
78	SPTCLB2	NO OF TIMES AT SPORTING CLUB	20
79	HLTHCNT2	NO OF TIMES AT HEALTH CENTRE	20
80	ALONE2	NO OF TIMES ALONE OR WITH FRIENDS	20
81	METVAL2	METABOLIC VALUE OF ACTIVITY	20

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
109	ATHOME3	AT A PRIVATE HOUSE	25
110	FOOTPTH3	ON FOOTPATH OR ROADWAY	25
111	CYCLPTH3	ON A CYCLE PATHTY	25
112	NATURE3	AT NATURE RESERVE OR FOREST	25
113	BEACH3	AT BEACH, RIVER, DAM OR LAKE	25
114	OTHRPLC3	ANY OTHER PLACE	26
115	PARK3	AT LOCAL PARK OR GARDEN	26
116	CANTSAY3	CAN'T SAY	26
117	CARDNO4	CARD NUMBER 4	26
118	STATE5	STATE IDENTIFICATION ON CARD 5	26
119	IDENTNO5	IDENTIFICATION NO ON CARD 5	26
ACTIVITY DETAILS OF FOURTH ACTIVITY			
120	ACTNO4	NAME OF FOURTH ACTIVITY LISTED	26
121	NOTIMES4	NO OF TIMES ACTIVITY DONE	27
122	TIME4	TIME TAKEN IN HOURS AND MINUTES	27
123	VIGOR4	LEVEL OF VIGOR	27
124	SPTCLB4	NO OF TIMES AT SPORTING CLUB	28
125	HLTHCNT4	NO OF TIMES AT HEALTH CENTRE	28
126	ALONE4	NO OF TIMES ALONE OR WITH FRIENDS	28
127	METVAL4	METABOLIC VALUE OF ACTIVITY	28
128	MINUTES4	TOTAL TIME IN MINUTES OF ACTIVITY	28
129	PUBLIC4	AT PUBLIC FACILITY	28
130	GYM4	AT GYMNASIUM OR COMMUNITY CENTRE	28
131	SCHOOL4	AT SCHOOL OR UNIVERSITY	28
132	ATHOME4	AT A PRIVATE HOUSE	29
133	FOOTPTH4	ON FOOTPATH OR ROADWAY	29
134	CYCLPTH4	ON A CYCLE PATHTY	29
135	NATURE4	AT NATURE RESERVE OR FOREST	29

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
136	BEACH4	AT BEACH,RIVER,DAM OR LAKE	29
137	OTHRPLC4	ANY OTHER PLACE	29
138	PARK4	AT LOCAL PARK OR GARDEN	30
139	CANTSAY4	CAN'T SAY	30
140	CARDNO5	CARD NUMBER 5	30
141	STATE6	STATE IDENTIFICATION ON CARD 6	30
142	IDENTINO6	IDENTIFICATION NO ON CARD 6	30
ACTIVITY DETAILS OF FIFTH ACTIVITY			
143	ACTNO5	NAME OF FIFTH ACTIVITY LISTED	30
144	NOTIMES5	NO OF TIMES ACTIVITY DONE	31
145	TIME5	TIME TAKEN IN HOURS AND MINUTES	31
146	VIGOR5	LEVEL OF VIGOR	31
147	SPTCLB5	NO OF TIMES AT SPORTING CLUB	31
148	HLTHCNT5	NO OF TIMES AT HEALTH CENTRE	32
149	ALONE5	NO OF TIMES ALONE OR WITH FRIENDS	32
150	METVAL5	METABOLIC VALUE OF ACTIVITY	32
151	MINUTES5	TOTAL TIME IN MINUTES OF ACTIVITY	32
152	PUBLIC5	AT PUBLIC FACILITY	32
153	GYM5	AT GYMNASIUM OR COMMUNITY CENTRE	32
154	SCHOOL5	AT SCHOOL OR UNIVERSITY	32
155	ATHOME5	AT A PRIVATE HOUSE	33
156	FOOTPTH5	ON FOOTPATH OR ROADWAY	33
157	CYCLPTH5	ON A CYCLE PATHTY	33
158	NATURE5	AT NATURE RESERVE OR FOREST	33
159	BEACH5	AT BEACH,RIVER,DAM OR LAKE	33
160	OTHRPLC5	ANY OTHER PLACE	33
161	PARK5	AT LOCAL PARK OR GARDEN	34
162	CANTSAY5	CAN'T SAY	34

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
163	CARDNO6	CARD NUMBER 6	34
164	STATE7	STATE IDENTIFICATION ON CARD 7	34
165	IDENINO7	IDENTIFICATION NO ON CARD 7	34
ACTIVITY DETAILS OF SIXTH ACTIVITY			
166	ACTNO6	NAME OF SIXTH ACTIVITY LISTED	34
167	NOTIMES6	NO OF TIMES ACTIVITY DONE	35
168	TIME6	TIME TAKEN IN HOURS AND MINUTES	35
169	VIGOR6	LEVEL OF VIGOR	35
170	SPTCLB6	NO OF TIMES AT SPORTING CLUB	35
171	HLTHCNT6	NO OF TIMES AT HEALTH CENTRE	36
172	ALONE6	NO OF TIMES ALONE OR WITH FRIENDS	36
173	METVAL6	METABOLIC VALUE OF ACTIVITY	36
174	MINUTES6	TOTAL TIME IN MINUTES OF ACTIVITY	36
175	PUBLIC6	AT PUBLIC FACILITY	36
176	GYM6	AT GYMNASIUM OR COMMUNITY CENTRE	36
177	SCHOOL6	AT SCHOOL OR UNIVERSITY	36
178	ATHOME6	AT A PRIVATE HOUSE	37
179	FOOTPTH6	ON FOOTPATH OR ROADWAY	37
180	CYCLPTH6	ON A CYCLE PATHTY	37
181	NATURE6	AT NATURE RESERVE OR FOREST	37
182	BEACH6	AT BEACH, RIVER, DAM OR LAKE	37
183	OTHRPLC6	ANY OTHER PLACE	37
184	PARK6	AT LOCAL PARK OR GARDEN	37
185	CANTSAY6	CAN'T SAY	38
186	CARDNO7	CARD NUMBER 7	38
187	STATE8	STATE IDENTIFICATION ON CARD 8	38
188	IDENINO8	IDENTIFICATION NO ON CARD 8	38

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
	ACTIVITY DETAILS OF SEVENTH ACTIVITY		
189	ACTNO7	NAME OF SEVENTH ACTIVITY LISTED	38
190	NOTIMES7	NO OF TIMES ACTIVITY DONE	39
191	TIME7	TIME TAKEN IN HOURS AND MINUTES	39
192	VIGOR7	LEVEL OF VIGOR	39
193	SPTCLB7	NO OF TIMES AT SPORTING CLUB	39
194	HLTHCNT7	NO OF TIMES AT HEALTH CENTRE	39
195	ALONE7	NO OF TIMES ALONE OR WITH FRIENDS	39
196	METVAL7	METABOLIC VALUE OF ACTIVITY	40
197	MINUTES7	TOTAL TIME IN MINUTES OF ACTIVITY	40
198	PUBLIC7	AT PUBLIC FACILITY	40
199	GYM7	AT GYMNASIUM OR COMMUNITY CENTRE	40
200	SCHOOL7	AT SCHOOL OR UNIVERSITY	40
201	ATHOME7	AT A PRIVATE HOUSE	40
202	FOOTPTH7	ON FOOTPATH OR ROADWAY	40
203	CYCLPTH7	ON A CYCLE PATHTY	41
204	NATURE7	AT NATURE RESERVE OR FOREST	41
205	BEACH7	AT BEACH, RIVER, DAM OR LAKE	41
206	OTHRPLC7	ANY OTHER PLACE	41
207	PARK7	AT LOCAL PARK OR GARDEN	41
208	CANTSAY7	CAN'T SAY	41
209	CARDNO8	CARD NUMBER 8	42
210	STATE9	STATE IDENTIFICATION ON CARD 9	42
211	IDENINO9	IDENTIFICATION NO ON CARD 9	42
	TYPES OF ACTIVITIES DONE		
212	WALK	WALKED FOR EXERCISE	42
213	JOG	JOGGED FOR EXERCISE	42

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
214	AEROBICS	DID AEROBICS FOR EXERCISE	42
215	SWIM	SWAM FOR EXERCISE	43
216	BICYCLE	BICYCLED FOR EXERCISE	43
217	NETBALL	PLAYED NETBALL FOR EXERCISE	43
218	GOLF	PLAYED GOLF FOR EXERCISE	43
219	TENNIS	PLAYED TENNIS FOR EXERCISE	43
220	ATHLETIC	DID ATHLETICS FOR EXERCISE	43
221	NOACTIV	NO ACTIVITIES	44
222	TABTENIS	PLAYED TABLE TENNIS	44
223	SAILING	WENT SAILING FOR EXERCISE	44
224	FOOTBALL	FOOTBALL OR CRICKET	44
225	SNOWSKI	SNOWSKIING	44
226	WATERSKI	WATERSKIING	44
227	ICESKATE	ICESKATING	45
228	BOWLS	LAWN BOWLS	45
229	SQUASH	PLAY SQUASH	45
230	OTHERSP	OTHER SPORT	45
REASONS WHY NOT PHYSICALLY ACTIVE			
231	DONTWANT	DON'T WANT TO BE ACTIVE	46
232	TOOHARD	HAVE TRIED BUT FIND DIFFICULT	46
233	NOCHANCE	NO CHANCE TO DO ACTIVITIES	46
234	NOTIME	NOT ENOUGH FREE TIME	46
235	NOTRANS	DON'T HAVE TRANSPORT	46
236	MORENCOR	NEED MORE ENCOURAGEMENT	46
237	UNABLE	PHYSICALLY UNABLE	47
238	NOFACILS	NO FACILITIES NEARBY	47
239	ANYOTHER	OTHER REASON	47
240	NONE		47
241	ATWORK	EXERCISE AT WORK	47

VAR NO.	VAR NAME	VARIABLE LABEL	PAGE
REGULAR PHYSICAL EXERCISE			
242	DAYSEXCS	NO DAYS EXERCISE EACH WEEK	47
243	TYPEEXCS	TYPE OF EXERCISE	48
CHILDREN OF THE HOUSEHOLD			
244	BOY02	BOY 0-2 YEARS	48
245	BOY35	BOY 3-5 YEARS	49
246	BOY68	BOY 6-8 YEARS	49
247	BOY911	BOY 9-11 YEARS	49
248	BOY1213	BOY 12-13 YEARS	49
249	BOY1415	BOY 14-15 YEARS	49
250	GIRL02	GIRL 0-2 YEARS	49
251	GIRL35	GIRL 3-5 YEARS	50
252	GIRL68	GIRL 6-8 YEARS	50
253	GIRL911	GIRL 9-11 YEARS	50
254	GIRL1213	GIRL 12-13 YEARS	50
255	GIRL1415	GIRL 14-15 YEARS	50
WEIGHTING			
256	WEIGHT	WEIGHTING FACTOR	50
257	CARDNO9	CARD NUMBER IDENTIFICATION	51

The demographic variables included below have been edited according to a standard edit as outlined in Appendix A. The SPSS file which accompanies the data file includes extensive recoding to take account of alphanumeric data. Other recoding has been included to give the values given below.

CARD IDENTIFICATION

VAR	1	STATE	STATE AND CAPITAL	/
		LOCATION: 1	FORMAT: A1	
		CARD NO : 1	COLUMN: 1- 1	
		268 7.5%	(1) BRISBANE	
		280 7.8%	(2) REST OF QLD	
		706 19.6%	(3) SYDNEY	
		610 17.0%	(4) REST OF NSW	
		695 19.3%	(5) MELBOURNE	
		260 7.2%	(6) REST OF VIC	
		40 1.1%	(7) HOBART	
		70 1.9%	(8) REST OF TAS	
		240 6.7%	(9) ADELAIDE	
		120 3.3%	(10) REST OF SA,NT	
		220 6.1%	(11) PERTH	
		85 2.4%	(12) REST OF WA	

VAR	2	ELECT	ELECTORATE SUBDIVISION	/
		LOCATION: 2	FORMAT: F3.0	
		CARD NO : 1	COLUMN: 2- 4	

SEE FREQUENCIES ADDENDUM FOR ELECTORAL DISTRIBUTION

VAR	3	INTNO	INTERVIEW NUMBER	/
		LOCATION: 5	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 5- 5	

VAR	4	COINO	CONSUMER OPINION TRENDS SURVEY NUMBER	/
		LOCATION: 6	FORMAT: F2.0	
		CARD NO : 1	COLUMN: 6- 7	

last two digits only

CARD IDENTIFICATION

VAR 5 WHENDONE WHEN C O T SURVEY WAS DONE /
LOCATION: 8 FORMAT: F1.0
CARD NO : 1 COLUMN: 8- 8

Same as last digit in Cols 6-7 = same week
Different = following week

VAR 6 CLUSTER /
LOCATION: 9 FORMAT: F1.0
CARD NO : 1 COLUMN: 9- 9

Cluster within week done by same interviewer

NUMBER OF TIMES ACTIVITIES WERE DONE

VAR 7 ACTSDONE NO OF TIMES ACTIVITIES DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 1 COLUMN: 12- 13

(From questionnaire) NEXT ABOUT PHYSICAL
ACTIVITY, PHYSICAL EXERCISE AND PHYSICAL
RECREATION. LOOKING AT
THE NEXT WHITE CARD. (pause) IN THE LAST
TWO WEEKS, WHICH, IF ANY, OF THOSE ACTIVITIES
HAVE YOU, YOURSELF, DONE - IN THE LAST 2 WEEKS?
PLEASE SAY THE ACTIVITY AND ITS NUMBER.
WHICH OTHERS IN THE LAST 2 WEEKS?
ANY OTHERS?

This variable gives the total number of
activities of all types done by the respondent.

VAR 8 SPORTCLB AT SPORT CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 1 COLUMN: 19- 20

NUMBER OF TIMES ACTIVITIES WERE DONE

LOOKING NOW AT THE TOP OF THE NEXT PINK CARD,
AND THINKING ABOUT THE (say number of times)
TIMES YOU PLAYED/WENT/DID (say activity). IN
THE LAST TWO WEEKS, ABOUT HOW MANY OF THOSE
TIMES DID YOU PLAY/GO/DO (say activity) AS A
MEMBER OF A SPORTING CLUB OR ASSOCIATION, NOT
AT A HEALTH OR FITNESS CENTRE?

VAR 9 HLTHCNTR AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 1 COLUMN: 21- 22

AND HOW MANY TIMES DID YOU PLAY/GO/DO (say
activity) AS A MEMBER OF A HEALTH OR
FITNESS CENTRE?

VAR 10 ALONE ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 1 COLUMN: 23- 24

AND HOW MANY TIMES DID YOU PLAY/GO/DO (say
activity) ALONE OR WITH FRIENDS?

VAR 11 METVALUE METABOLIC VALUE /
LOCATION: 29 FORMAT: F6.0
CARD NO : 1 COLUMN: 29- 34

This is a measure of the total metabolic
value of all activities. The metabolic value
is equal to ACTSDONE X MINUTES X Mets value
for the activity (See Appendix B)

VAR 12 MINUTES TOTAL TIME IN MINUTES /
LOCATION: 35 FORMAT: F5.0
CARD NO : 1 COLUMN: 35- 39

IN THE LAST 2 WEEKS, ABOUT HOW MUCH TIME - IN
HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (read activity)?

DEMOGRAPHIC VARIABLES

DEMOGRAPHIC VARIABLES

VAR 13

AGE

LOCATION: 41 FORMAT: A1
CARD NO : 1 COLUMN: 41- 41

183	5.1%	(1)	14-17
109	3.0%	(2)	18-19
333	9.3%	(3)	20-24
379	10.5%	(4)	25-29
430	12.0%	(5)	30-34
403	11.2%	(6)	35-39
313	8.7%	(7)	40-44
229	6.4%	(8)	45-49
220	6.1%	(9)	50-54
238	6.6%	(10)	55-59
243	6.8%	(11)	60-64
514	14.3%	(12)	65 PLUS

VAR 14

CTYBIRTH

COUNTRY OF BIRTH

LOCATION: 42 FORMAT: F1.0
CARD NO : 1 COLUMN: 42- 42

2798	77.9%	(1)	AUSTRALIA
48	1.3%	(2)	ASIA
6	0.2%	(3)	CANADA
22	0.6%	(4)	GREECE
52	1.4%	(5)	ITALY
161	4.5%	(6)	OTHER EUROPE
51	1.4%	(7)	NEW ZEALAND
373	10.4%	(8)	UNITED KINGDOM
9	0.3%	(9)	USA
74	2.1%	(10)	OTHER

VAR 15

MARISTAT

MARITAL STATUS

LOCATION: 43 FORMAT: A1
CARD NO : 1 COLUMN: 43- 43

67	1.9%	(1)	DE FACTO
2180	60.7%	(2)	MARRIED
297	8.3%	(3)	WIDOWED
165	4.6%	(4)	DIVORCED
95	2.6%	(5)	SEPARATED
747	20.8%	(6)	SINGLE
26	0.7%	(7)	ENGAGED
17	0.5%	(8)	PLANNING TO MARRY

VAR 16

EDUSTAT

EDUCATIONAL LEVEL

LOCATION: 44 FORMAT: A1
CARD NO : 1 COLUMN: 44- 44

68	1.9%	(1)	SOME PRIMARY
260	7.2%	(2)	FINISHED PRIMARY

DEMOGRAPHIC VARIABLES

754	21.0%	(3) SOME SECONDARY
183	5.1%	(4) SOME TECHNICAL
696	19.4%	(5) SCHOOL CERTIFICATE
313	8.7%	(6) LEAVING CERTIFICATE
348	9.7%	(7) FINISHED TECHNICAL
207	5.8%	(8) FINISHED MATRIC OR HSC
216	6.0%	(9) SOME UNIVERSITY
185	5.1%	(10) TERTIARY DIPLOMA
74	2.1%	(11) NOW AT UNIVERSITY
290	8.1%	(12) DEGREE

- (1) SOME PRIMARY SCHOOL
- (2) FINISHED PRIMARY SCHOOL
- (3) SOME SECONDARY SCHOOL
- (4) SOME TECHNICAL OR COMMERCIAL
- (5) PASSED 4TH FORM, SCHOOL CERTIFICATE, INTERMEDIATE
- (6) COMPLETED FIFTH FORM, LEAVING CERTIFICATE
- (7) FINISHED COMMERCIAL OR TECHNICAL COLLEGE
- (8) FINISHED OR NOW STUDYING FOR MATRIC, HSC
- (9) SOME UNIVERSITY TRAINING
- (10) TERTIARY DIPLOMA, NOT UNIVERSITY
- (11) NOW AT UNIVERSITY
- (12) DEGREE

VAR 17 WORKSTAT WORK STATUS /
 LOCATION: 45 FORMAT: F1.0
 CARD NO : 1 COLUMN: 45- 45

1656	46.1%	(1) FULL-TIME WORK
347	9.7%	(2) PART-TIME WORKRY
714	19.9%	(3) NOT LOOKING - HOME
58	1.6%	(4) NOT LOOKING - DONT W
118	3.3%	(5) LOOKING FOR FULL-TIM
37	1.0%	(6) LOOKING FOR PART-TIM
520	14.5%	(7) RETIRED
144	4.0%	(8) STUDENT

VAR 18 INCOME1 ANNUAL INCOME IF WORKING /
 LOCATION: 46 FORMAT: A1 CODE FOR MISSING 13
 CARD NO : 1 COLUMN: 46- 46

29	1.4%	(1) UNDER \$6,000
69	3.4%	(2) \$6,000 TO 9,999
164	8.2%	(3) \$10,000 TO 14,999
145	7.2%	(4) \$15,000 TO 19,999
294	14.7%	(5) \$20,000 TO 24,999
402	20.1%	(6) \$25,000 TO 29,999
346	17.3%	(7) \$30,000 TO 34,999
249	12.4%	(8) \$35,000 TO 39,999
159	7.9%	(9) \$40,000 TO 44,999
92	4.6%	(10) \$45,000 TO 49,999
54	2.7%	(11) \$50,000 OR MORE
1591	-----	(13) MISSING

DEMOGRAPHIC VARIABLES

VAR	19	OCCUPAT1	OCCUPATION OF RESPONDENT IF WORKING	/
		LOCATION: 47	FORMAT: A1 CODE FOR MISSING 13	
		CARD NO : 1	COLUMN: 47- 47	
		110 5.5%	(1) PROFESSIONAL	
		124 6.2%	(2) MANAGER	
		57 2.8%	(3) SMALL BUSINESS OWNER	
		866 43.2%	(4) WHITE COLLAR WORKER	
		315 15.7%	(5) SKILLED MANUAL	
		283 14.1%	(6) SEMI-SKILLED	
		137 6.8%	(7) UNSKILLED NOT FARM	
		70 3.5%	(8) FARMER,ETC	
		21 1.0%	(9) FARM WORKER, ETC	
		13 0.6%	(10) HOUSEWIFE, RET, UNEMP	
		7 0.3%	(12) SERVICEMAN	
		1591 ———	(13) NOT APPLICABLE	

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER,ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR	20	EMPLOYER		/
		LOCATION: 48	FORMAT: A1 CODE FOR MISSING 13	
		CARD NO : 1	COLUMN: 48- 48	
		619 30.9%	(1) PUBLIC SERVICE	
		1183 59.1%	(2) PRIVATE INDUSTRY	
		201 10.0%	(3) SELF-EMPLOYED	
		1591 ———	(13) NOT APPLICABLE	

VAR	21	TVSETS	NO OF TV SETS IN HOUSEHOLD	/
		LOCATION: 49	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 49- 49	
		45 1.3%	(0) NONE	
		2135 59.4%	(1) ONE	
		1072 29.8%	(2) TWO	
		260 7.2%	(3) THREE	
		67 1.9%	(4) FOUR	
		11 0.3%	(5) FIVE	
		4 0.1%	(6) SIX	

DEMOGRAPHIC VARIABLES

VAR 22 VCR OWN OR RENT VCR /
 LOCATION: 50 FORMAT: F1.0
 CARD NO : 1 COLUMN: 50- 50

45	1.3%	(0) NO TV
1699	47.3%	(1) OWN VCR
102	2.8%	(2) RENT VCR
1744	48.5%	(3) NO VCR
4	0.1%	(4) NO CODE GIVEN

VAR 23 CHILDREN NO OF CHILDREN UNDER 16 /
 LOCATION: 51 FORMAT: F1.0
 CARD NO : 1 COLUMN: 51- 51

2137	59.5%	(0) NONE
535	14.9%	(1) ONE
571	15.9%	(2) TWO
244	6.8%	(3) THREE
83	2.3%	(4) FOUR
19	0.5%	(5) FIVE
4	0.1%	(6) SIX
1	0.0%	(7) SEVEN

Column 52 has been multipunched and the results spread in Card 9, Columns 52-63.

VAR 24 INCOME2 /
 LOCATION: 53 FORMAT: A1 CODE FOR MISSING 13
 CARD NO : 1 COLUMN: 53- 53

INCOME OF FULL-TIME WORKING RESPONDENT
 NOT PART TIME

29	1.8%	(1) UNDER \$6,000
69	4.2%	(2) \$6,000 TO 9,999
37	2.2%	(3) \$10,000 TO 14,999
71	4.3%	(4) \$15,000 TO 19,999
218	13.2%	(5) \$20,000 TO 24,999
371	22.4%	(6) \$25,000 TO 29,999
329	19.9%	(7) \$30,000 TO 34,999
237	14.3%	(8) \$35,000 TO 39,999
153	9.2%	(9) \$40,000 TO 44,999
90	5.4%	(10) \$45,000 TO 49,999
52	3.1%	(11) \$50,000 OR MORE
1938	----	(13) MISSING

DEMOGRAPHIC VARIABLES

VAR 25 OCCUPAT2 /
LOCATION: 54 FORMAT: A1 CODE FOR MISSING 13
CARD NO : 1 COLUMN: 54- 54

OCCUPATION OF FULL TIME WORKING RESPONDENT
NOT PART TIME

101	6.1%	(1) PROFESSIONAL
118	7.1%	(2) MANAGER
48	2.9%	(3) SMALL BUSINESS OWNER
693	41.8%	(4) WHITE COLLAR WORKER
303	18.3%	(5) SKILLED MANUAL
221	13.3%	(6) SEMI-SKILLED
82	5.0%	(7) UNSKILLED NOT FARM
63	3.8%	(8) FARMER,ETC
13	0.8%	(9) FARM WORKER, ETC
7	0.4%	(10) HOUSEWIFE, RET, UNEMP
7	0.4%	(12) SERVICEMAN
1938	—	(13) NOT APPLICABLE

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER,ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR 26 EMPLOY2 /
LOCATION: 55 FORMAT: A1 CODE FOR MISSING 13
CARD NO : 1 COLUMN: 55- 55

EMPLOYER OF FULL TIME WORKING RESPONDENT

547	33.0%	(1) PUBLIC SERVICE
943	56.9%	(2) PRIVATE INDUSTRY
166	10.0%	(3) SELF-EMPLOYED
1938	—	(13) NOT APPLICABLE

VAR 27 LIFEYCYL /
LIFECYCLE OF RESPONDENT
LOCATION: 56 FORMAT: F1.0
CARD NO : 1 COLUMN: 56- 56

679	18.9%	(1) SINGLE, AGED 13 - 34
228	6.3%	(2) MARRIED,14-34 NO CH
527	14.7%	(3) MARRIED,14-34 CHILD

DEMOGRAPHIC VARIABLES

701	19.5%	(4) MARRIED,35 PLUS,CHI
935	26.0%	(5) MARRIED,35 PLUS,NO
524	14.6%	(6) SINGLE,35 PLUS

VAR	28	GBLIFE	LIFE CYCLE OF GROCERY BUYER	/
		LOCATION: 57	FORMAT: A1	
		CARD NO : 1	COLUMN: 57- 57	
		483	13.4%	(1) UNDER 35,NO CHILDR
		638	17.8%	(2) UNDER 35,CHILDREN
		818	22.8%	(3) OVER 35,CHI'DREN
		1655	46.0%	(4) OVER 35,NO CHILD

VAR	29	WRKLOOK	NO OF PEOPLE LOOKING FOR WORK	/
		LOCATION: 58	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 58- 58	
		3486	97.0%	(0) NONE
		98	2.7%	(1) ONE
		10	0.3%	(2) TWO

VAR	30	AGEREC	AGE GROUP BEFORE RECODE	/
		LOCATION: 60	FORMAT: A2	
		CARD NO : 1	COLUMN: 60- 61	

RECODED VALUES CAN BE FOUND IN COLUMN 41

71	2.0%	(1) 14-15
112	3.1%	(2) 16-17
109	3.0%	(3) 18-19
333	9.3%	(4) 20-24
379	10.5%	(5) 25-29
430	12.0%	(6) 30-34
403	11.2%	(7) 35-39
313	8.7%	(8) 40-44
229	6.4%	(9) 45-49
220	6.1%	(10) 50-54
238	6.6%	(11) 55-59
243	6.8%	(12) 60-64
211	5.9%	(13) 65-69
303	8.4%	(14) 70 PLUS

VAR	31	ADULTS	NO OF ADULTS IN HOUSEHOLD	/
		LOCATION: 62	FORMAT: F1.0	
		CARD NO : 1	COLUMN: 62- 62	
		533	14.8%	(1) ONE
		2056	57.2%	(2) TWO

DEMOGRAPHIC VARIABLES

593	16.5%	(3) THREE
302	8.4%	(4) FOUR
73	2.0%	(5) FIVE
27	0.8%	(6) SIX
4	0.1%	(7) SEVEN
4	0.1%	(8) EIGHT
2	0.1%	(9) NINE OR MORE

VAR 32 PEOPLE NO OF PEOPLE IN HOUSEHOLD /
 LOCATION: 63 FORMAT: F1.0
 CARD NO : 1 COLUMN: 63- 63

447	12.4%	(1) ONE
1112	30.9%	(2) TWO
635	17.7%	(3) THREE
802	22.3%	(4) FOUR
378	10.5%	(5) FIVE
152	4.2%	(6) SIX
52	1.4%	(7) SEVEN
8	0.2%	(8) EIGHT
8	0.2%	(9) NINE OR MORE

VAR 33 TELEPHON TELEPHONE IN HOUSEHOLD /
 LOCATION: 64 FORMAT: A1
 CARD NO : 1 COLUMN: 64- 64

3109	86.5%	(1) YES,NUMBER GIVEN
101	2.8%	(2) WONT SAY IF PHONE
146	4.1%	(3) YES WONT SAY NUMBER
238	6.6%	(4) NO PHONE

VAR 34 SEX /
 LOCATION: 65 FORMAT: F1.0
 CARD NO : 1 COLUMN: 65- 65

1727	48.1%	(1) MAN
1867	51.9%	(2) WOMAN

VAR 35 GBRESP RESPONDENT IS GROCERY BUYER /
 LOCATION: 66 FORMAT: F1.0
 CARD NO : 1 COLUMN: 66- 66

IS RESPONDENT MAIN GROCERY BUYER OF HOUSEHOLD?

2109	58.7%	(1) USUALLY
801	22.3%	(2) SOMETIMES
684	19.0%	(3) NEVER

DEMOGRAPHIC VARIABLES

VAR 36 GBSEX SEX OF GROCERY BUYER /
 LOCATION: 67 FORMAT: A1
 CARD NO : 1 COLUMN: 67- 67

 2952 82.1% (1) WOMAN
 642 17.9% (2) MAN

VAR 37 GBAGE AGE OF GROCERY BUYER /
 LOCATION: 68 FORMAT: A1
 CARD NO : 1 COLUMN: 68- 68

 13 0.4% (1) 14-17
 35 1.0% (2) 18-19
 234 6.5% (3) 20-24
 384 10.7% (4) 25-29
 455 12.7% (5) 30-34
 456 12.7% (6) 35-39
 426 11.9% (7) 40-44
 302 8.4% (8) 45-49
 281 7.8% (9) 50-54
 271 7.5% (10) 55-59
 263 7.3% (11) 60-64
 474 13.2% (12) 65 PLUS

VAR 38 GBWORK WORK STATUS OF GROCERY BUYER /
 LOCATION: 69 FORMAT: F1.0
 CARD NO : 1 COLUMN: 69- 69

 1119 31.1% (1) FULL TIME
 514 14.3% (2) PART TIME
 1375 38.3% (3) HOME DUTIES
 586 16.3% (4) DONT WORK

VAR 39 RMIE RESPONDENT MAIN INCOME EARNER /
 LOCATION: 70 FORMAT: F1.0
 CARD NO : 1 COLUMN: 70- 70

 IS RESPONDENT MAIN INCOME EARNER OF HOUSEHOLD?

 2023 56.3% (1) YES
 1571 43.7% (2) NO

VAR 40 MIEOCC MAIN INCOME EARNER'S OCCUPATION /
 LOCATION: 71 FORMAT: A1
 CARD NO : 1 COLUMN: 71- 71

DEMOGRAPHIC VARIABLES

190	5.3%	(1) PROFESSIONAL
226	6.3%	(2) MANAGER
102	2.8%	(3) SMALL BUSINESS OWNER
1127	31.4%	(4) WHITE COLLAR WORKER
825	23.0%	(5) SKILLED MANUAL
509	14.2%	(6) SEMI-SKILLED
247	6.9%	(7) UNSKILLED NOT FARM
217	6.0%	(8) FARMER, ETC
40	1.1%	(9) FARM WORKER, ETC
81	2.3%	(10) HOUSEWIFE, RET, UNEMP
13	0.4%	(11) PENSIONER
17	0.5%	(12) SERVICEMAN

- (1) PROFESSIONAL
- (2) MANAGER, LARGE BUSINESS OWNER
- (3) SMALL BUSINESS OWNER
- (4) WHITE COLLAR WORKER
- (5) SKILLED MANUAL
- (6) SEMI-SKILLED
- (7) UNSKILLED NOT FARM WORKER
- (8) FARMER, ETC
- (9) FARM WORKER, ETC
- (10) HOUSEWIFE, RETIRED, UNEMPLOYED
- (11) PENSIONER, NO PREVIOUS OCCUPATION
- (12) SERVICEMAN, NOT IN CATEGORIES 1 - 9

VAR 41 MIEINC INCOME OF MAIN INCOME EARNER /
 LOCATION: 72 FORMAT: A1
 CARD NO : 1 COLUMN: 72- 72

59	1.6%	(1) UNDER \$6,000
110	3.1%	(2) \$6,000 TO 9,999
375	10.4%	(3) \$10,000 TO 14,999
338	9.4%	(4) \$15,000 TO 19,999
435	12.1%	(5) \$20,000 TO 24,999
597	16.6%	(6) \$25,000 TO 29,999
588	16.4%	(7) \$30,000 TO 34,999
454	12.6%	(8) \$35,000 TO 39,999
332	9.2%	(9) \$40,000 TO 44,999
210	5.8%	(10) \$45,000 TO 49,999
96	2.7%	(11) \$50,000 OR MORE

VAR 42 ELECTROL ON FEDERAL ELECTORAL ROLL /
 LOCATION: 73 FORMAT: A1
 CARD NO : 1 COLUMN: 73- 73

3207	89.2%	(1) YES
387	10.8%	(2) NO

VAR 43 RELIGION /
 LOCATION: 74 FORMAT: F1.0
 CARD NO : 1 COLUMN: 74- 74

DEMOGRAPHIC VARIABLES

906	25.2%	(1) CATHOLIC
1076	29.9%	(2) ANGLICAN
182	5.1%	(3) PRESBYTERIAN
247	6.9%	(4) UNITING
59	1.6%	(5) BAPTIST
104	2.9%	(6) METHODIST
356	9.9%	(7) OTHER CHRISTIAN
50	1.4%	(8) NONCHRISTIAN
557	15.5%	(9) NO RELIGION
57	1.6%	(10) WOULDN'T SAY

VAR 44 FTWORKRS /
LOCATION: 75 FORMAT: F1.0
CARD NO : 1 COLUMN: 75- 75

NUMBER OF (OTHER) FULL TIME WORKERS IN HOUSEHOLD

1753	48.8%	(0) NONE
1387	38.6%	(1) ONE
326	9.1%	(2) TWO
102	2.8%	(3) THREE
19	0.5%	(4) FOUR
7	0.2%	(5) FIVE

VAR 45 PTWORKRS /
LOCATION: 76 FORMAT: F1.0
CARD NO : 1 COLUMN: 76- 76

NUMBER OF (OTHER) PART TIME WORKERS IN HOUSEHOLD

3170	88.2%	(0) NONE
392	10.9%	(1) ONE
27	0.8%	(2) TWO
5	0.1%	(3) THREE

VAR 46 TYPEDWEL TYPE OF DWELLING /
LOCATION: 77 FORMAT: F1.0
CARD NO : 1 COLUMN: 77- 77

3169	88.2%	(1) SEPARATE HOUSE
109	3.0%	(2) SEMI DETACHED OR TERRACE HOUSE
5	0.1%	(3) FLAT ATTACHED TO SHOP
76	2.1%	(4) VILLA UNIT
202	5.6%	(5) FLAT IN BLOCK
29	0.8%	(6) FLAT - PART OF HOUSE
4	0.1%	(7) OTHER

DEMOGRAPHIC VARIABLES

VAR 47 CITYTYPE SIZE OF CITY OR TOWN /
LOCATION: 78 FORMAT: F1.0
CARD NO : 1 COLUMN: 78- 78

2169	60.4%	(0) CAPITAL CITY
62	1.7%	(1) UNDER 1000 PEOPLE
223	6.2%	(2) 1000 TO 4999
169	4.7%	(3) 5000 TO 9999
323	9.0%	(4) 10000 TO 24999
221	6.1%	(5) 25000 TO 49999
427	11.9%	(6) 50000 OR MORE

VAR 48 CARDNO1 CARD NUMBER 1 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 1 COLUMN: 80- 80

VAR 49 STATE2 STATE IDENTIFICATION ON CARD 2 /
LOCATION: 1 FORMAT: A1
CARD NO : 2 COLUMN: 1- 1

VAR 50 IDENINO2 IDENTIFICATION NO ON CARD 2 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 2 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS FOR FIRST ACTIVITY

VAR 51 ACTNO1 NAME OF FIRST ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 2 COLUMN: 10- 11

898	25.0%	(0) NO ACTIVITY GIVEN
1062	29.5%	(1) WALKING
93	2.6%	(2) JOGGING
116	3.2%	(3) AEROBICS
437	12.2%	(4) SWIMMING
178	5.0%	(5) BICYCLING
25	0.7%	(6) NETBALL BASKETBALL
129	3.6%	(7) GOLF
152	4.2%	(8) TENNIS
18	0.5%	(9) ATHLETICS
37	1.0%	(10) TABLETENNIS
115	3.2%	(11) SAILING BOATING

ACTIVITY DETAILS FOR FIRST ACTIVITY

143	4.0%	(12) FOOTBALL, CRICKET
1	0.0%	(13) SNOW SKIING
32	0.9%	(14) WATER SKIING
7	0.2%	(15) ICE SKATING
67	1.9%	(16) LAWN BOWLS
61	1.7%	(17) SQUASH
23	0.6%	(18) OTHER

VAR 52 NOTIMES1 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 2 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say first activity) IN THE LAST TWO
WEEKS?

VAR 53 TIME1 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 2 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 54 VIGOR1 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 2 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

898	25.0%	(0) NO ACTIVITY
344	9.6%	(1) VERY VIGOROUS
1205	33.5%	(2) FAIRLY VIGOROUS
925	25.7%	(3) NOT VERY VIGOROUS
209	5.8%	(4) NOT AT ALL VIGOROUS
13	0.4%	(5) CAN'T SAY

VAR 55 SPTCLB1 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 2 COLUMN: 19- 20

VAR 56 HLTHCNT1 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 2 COLUMN: 21- 22

ACTIVITY DETAILS FOR FIRST ACTIVITY

VAR	57	ALONE1	NO OF TIMES ALONE OR WITH FRIENDS	/
		LOCATION: 23	FORMAT: F2.0	
		CARD NO : 2	COLUMN: 23- 24	

VAR	58	METVAL1	METABOLIC VALUE OF ACTIVITY	/
		LOCATION: 30	FORMAT: F5.0	
		CARD NO : 2	COLUMN: 30- 34	

See Appendix B

VAR	59	MINUTES1	TOTAL TIME IN MINUTES OF ACTIVITY	/
		LOCATION: 35	FORMAT: F5.0	
		CARD NO : 2	COLUMN: 35- 39	

(If activity done alone or with friends)
LOOKING AT THE BOTTOM OF THE PINK CARD,
(pause) IN THE LAST TWO WEEKS, WHERE DID YOU
PLAY/GO/DO (say activity) ALONE OR WITH
FRIENDS? JUST SAY THE NUMBER AFTER THE
PLACE. ANYWHERE ELSE?

AT A PUBLIC FACILITY SUCH AS A PUBLIC
SWIMMING POOL, A PUBLIC TENNIS COURT,
PUBLIC BASKETBALL COURT OR A PUBLIC
GOLF COURSE

AT A GYMNASIUM OR COMMUNITY CENTRE
AT A SCHOOL, UNIVERSITY OR OTHER TERTIARY
EDUCATION FACILITY

AT A PRIVATE HOME
ON A FOOTPATH OR ROADWAY
ON A CYCLE PATH

AT A NATURE RESERVE OR A FOREST OR ON A
MOUNTAIN

AT A BEACH, RIVER, DAM OR LAKE
SOMEWHERE ELSE (PLEASE DESCRIBE IT)

AT A LOCAL PARK OR GARDEN
CAN'T SAY

VAR	60	PUBLIC1	AT PUBLIC FACILITY	/
		LOCATION: 41	FORMAT: F1.0	
		CARD NO : 2	COLUMN: 41- 41	

3294	91.7%	(0) NO
300	8.3%	(1) YES

ACTIVITY DETAILS FOR FIRST ACTIVITY

VAR 61 GYM1 AT GYMNASIUM OR COMMUNITY CENTRE /
LOCATION: 42 FORMAT: F1.0
CARD NO : 2 COLUMN: 42- 42

3566 99.2% (0) NO
28 0.8% (2) YES

VAR 62 SCHOOL1 AT SCHOOL OR UNIVERSITY /
LOCATION: 43 FORMAT: F1.0
CARD NO : 2 COLUMN: 43- 43

3553 98.9% (0) NO
41 1.1% (3) YES

VAR 63 ATHOME1 AT A PRIVATE HOUSE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 2 COLUMN: 44- 44

3246 90.3% (0) NO
348 9.7% (4) YES

VAR 64 FOOTPTH1 ON FOOTPATH OR ROADWAY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 2 COLUMN: 45- 45

2694 75.0% (0) NO
900 25.0% (5) YES

VAR 65 CYCLPTH1 ON A CYCLE PATHWAY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 2 COLUMN: 46- 46

3540 98.5% (0) NO
54 1.5% (6) YES

VAR 66 NATURE1 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 2 COLUMN: 47- 47

3511 97.7% (0) NO
83 2.3% (7) YES

VAR 67 BEACH1 AT BEACH, RIVER, DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 2 COLUMN: 48- 48

ACTIVITY DETAILS FOR FIRST ACTIVITY

3155 87.8% (0) NO
439 12.2% (8) YES

VAR 68 OTHRPLC1 ANY OTHER PLACE /
LOCATION: 49 FORMAT: F1.0
CARD NO : 2 COLUMN: 49- 49

3563 99.1% (0) NO
31 0.9% (9) YES

VAR 69 PARK1 AT LOCAL PARK OR GARDEN /
LOCATION: 50 FORMAT: F1.0
CARD NO : 2 COLUMN: 50- 50

3424 95.3% (0) NO
170 4.7% (1) YES

VAR 70 CANTSAY1 CAN'T SAY /
LOCATION: 51 FORMAT: F1.0
CARD NO : 2 COLUMN: 51- 51

3515 97.8% (0) NO
79 2.2% (2) YES

VAR 71 CARDNO2 CARD NUMBER 2 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 2 COLUMN: 80- 80

VAR 72 STATE3 STATE IDENTIFICATION ON CARD 3 /
LOCATION: 1 FORMAT: A1
CARD NO : 3 COLUMN: 1- 1

VAR 73 IDENINO3 IDENTIFICATION NO ON CARD 3 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 3 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF SECOND ACTIVITY

ACTIVITY DETAILS OF SECOND ACTIVITY

VAR 74 ACTNO2 NAME OF SECOND ACTIVITY LISTED /
 LOCATION: 10 FORMAT: F2.0
 CARD NO : 3 COLUMN: 10- 11

2008	55.9%	(0) NO ACTIVITY GIVEN
336	9.3%	(1) WALKING
150	4.2%	(2) JOGGING
184	5.1%	(3) AEROBICS
391	10.9%	(4) SWIMMING
125	3.5%	(5) BICYCLING
20	0.6%	(6) NETBALL BASKETBALL
78	2.2%	(7) GOLF
66	1.8%	(8) TENNIS
7	0.2%	(9) ATHLETICS
24	0.7%	(10) TABLETENNIS
47	1.3%	(11) SAILING BOATING
65	1.8%	(12) FOOTBALL CRICKET
19	0.5%	(14) WATER SKIING
1	0.0%	(15) ICE SKATING
25	0.7%	(16) LAWN BOWLS
31	0.9%	(17) SQUASH
17	0.5%	(18) OTHER

VAR 75 NOTIMES2 NO OF TIMES ACTIVITY DONE /
 LOCATION: 12 FORMAT: F2.0
 CARD NO : 3 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
 ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
 DONE (say second activity) IN THE LAST TWO
 WEEKS?

VAR 76 TIME2 TIME TAKEN IN HOURS AND MINUTES /
 LOCATION: 14 FORMAT: F4.0
 CARD NO : 3 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
 IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
 EACH TIME YOU (say activity)?

VAR 77 VIGOR2 LEVEL OF VIGOR /
 LOCATION: 18 FORMAT: F1.0
 CARD NO : 3 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
 SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
 VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
 VIGOROUS?

ACTIVITY DETAILS OF SECOND ACTIVITY

2008	55.9%	(0) NO ACTIVITY
271	7.5%	(1) VERY VIGOROUS
671	18.7%	(2) FAIRLY VIGOROUS
556	15.5%	(3) NOT VERY VIGOROUS
69	1.9%	(4) NOT AT ALL VIGOROUS
19	0.5%	(5) CAN'T SAY

VAR	78	SPTCLB2	NO OF TIMES AT SPORTING CLUB	/
		LOCATION: 19	FORMAT: F2.0	
		CARD NO : 3	COLUMN: 19- 20	

VAR	79	HLTHCNT2	NO OF TIMES AT HEALTH CENTRE	/
		LOCATION: 21	FORMAT: F2.0	
		CARD NO : 3	COLUMN: 21- 22	

VAR	80	ALONE2	NO OF TIMES ALONE OR WITH FRIENDS	/
		LOCATION: 23	FORMAT: F2.0	
		CARD NO : 3	COLUMN: 23- 24	

VAR	81	METVAL2	METABOLIC VALUE OF ACTIVITY	/
		LOCATION: 30	FORMAT: F5.0	
		CARD NO : 3	COLUMN: 30- 34	

See Appendix B

VAR	82	MINUTES2	TOTAL TIME IN MINUTES OF ACTIVITY	/
		LOCATION: 35	FORMAT: F5.0	
		CARD NO : 3	COLUMN: 35- 39	

VAR	83	PUBLIC2	AT PUBLIC FACILITY	/
		LOCATION: 41	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 41- 41	
		3388 94.3%	(0) NO	
		206 5.7%	(1) YES	

VAR	84	GYM2	AT GYMNASIUM OR COMMUNITY CENTRE	/
		LOCATION: 42	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 42- 42	

ACTIVITY DETAILS OF SECOND ACTIVITY

3576 99.5% (0) NO
18 0.5% (2) YES

VAR 85 SCHOOL2 AT SCHOOL OR UNIVERSITY /
LOCATION: 43 FORMAT: F1.0
CARD NO : 3 COLUMN: 43- 43

3574 99.4% (0) NO
20 0.6% (3) YES

VAR 86 ATHOME2 AT A PRIVATE HOUSE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 3 COLUMN: 44- 44

3308 92.0% (0) NO
286 8.0% (4) YES

VAR 87 FOOTPTH2 ON FOOTPATH OR ROADWAY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 3 COLUMN: 45- 45

3197 89.0% (0) NO
397 11.0% (5) YES

VAR 88 CYCLPTH2 ON A CYCLE PATHTY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 3 COLUMN: 46- 46

3567 99.2% (0) NO
27 0.8% (6) YES

VAR 89 NATURE2 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 3 COLUMN: 47- 47

3556 98.9% (0) NO
38 1.1% (7) YES

VAR 90 BEACH2 AT BEACH, RIVER, DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 3 COLUMN: 48- 48

3317 92.3% (0) NO
277 7.7% (8) YES

ACTIVITY DETAILS OF SECOND ACTIVITY

VAR	91	OTHRPLC2	ANY OTHER PLACE	/
		LOCATION: 49	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 49- 49	
		3577 99.5%	(0) NO	
		17 0.5%	(9) YES	

VAR	92	PARK2	AT LOCAL PARK OR GARDEN	/
		LOCATION: 50	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 50- 50	
		3514 97.8%	(0) NO	
		80 2.2%	(1) YES	

VAR	93	CANISAY2	CAN'T SAY	/
		LOCATION: 51	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 51- 51	
		3538 98.4%	(0) NO	
		56 1.6%	(2) YES	

VAR	94	CARDNO3	CARD NUMBER 3	/
		LOCATION: 80	FORMAT: F1.0	
		CARD NO : 3	COLUMN: 80- 80	

VAR	95	STATE4	STATE IDENTIFICATION ON CARD 4	/
		LOCATION: 1	FORMAT: A1	
		CARD NO : 4	COLUMN: 1- 1	

VAR	96	IDENINO4	IDENTIFICATION NO ON CARD 4	/
		LOCATION: 2	FORMAT: F8.0	
		CARD NO : 4	COLUMN: 2- 9	

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF THIRD ACTIVITY

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 97 ACTNO3 NAME OF THIRD ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 4 COLUMN: 10- 11

2828	78.7%	(0) NO ACTIVITY GIVEN
132	3.7%	(1) WALKING
63	1.8%	(2) JOGGING
123	3.4%	(3) AEROBICS
142	4.0%	(4) SWIMMING
72	2.0%	(5) BICYCLING
14	0.4%	(6) NETBALL BASKETBALL
29	0.8%	(7) GOLF
39	1.1%	(8) TENNIS
6	0.2%	(9) ATHLETICS
14	0.4%	(10) TABLETENNIS
28	0.8%	(11) SAILING BOATING
45	1.3%	(12) FOOTBALL CRICKET
6	0.2%	(14) WATER SKIING
3	0.1%	(15) ICE SKATING
11	0.3%	(16) LAWN BOWLS
26	0.7%	(17) SQUASH
13	0.4%	(18) OTHER

VAR 98 NOTIMES3 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 4 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say third activity) IN THE LAST TWO
WEEKS?

VAR 99 TIME3 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 4 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 100 VIGOR3 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 4 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

ACTIVITY DETAILS OF THIRD ACTIVITY

2828	78.7%	(0) NO ACTIVITY
179	5.0%	(1) VERY VIGOROUS
338	9.4%	(2) FAIRLY VIGOROUS
213	5.9%	(3) NOT VERY VIGOROUS
28	0.8%	(4) NOT AT ALL VIGOROUS
8	0.2%	(5) CAN'T SAY

VAR 101 SPTCLB3 NO OF TIMES AT SPORTING CLUB /
 LOCATION: 19 FORMAT: F2.0
 CARD NO : 4 COLUMN: 19- 20

VAR 102 HLTHCNT3 NO OF TIMES AT HEALTH CENTRE /
 LOCATION: 21 FORMAT: F2.0
 CARD NO : 4 COLUMN: 21- 22

VAR 103 ALONE3 NO OF TIMES ALONE OR WITH FRIENDS /
 LOCATION: 23 FORMAT: F2.0
 CARD NO : 4 COLUMN: 23- 24

VAR 104 METVAL3 METABOLIC VALUE OF ACTIVITY /
 LOCATION: 30 FORMAT: F5.0
 CARD NO : 4 COLUMN: 30- 34

See Appendix B

VAR 105 MINUTES3 TOTAL TIME IN MINUTES OF ACTIVITY /
 LOCATION: 35 FORMAT: F5.0
 CARD NO : 4 COLUMN: 35- 39

VAR 106 PUBLIC3 AT PUBLIC FACILITY /
 LOCATION: 41 FORMAT: F1.0
 CARD NO : 4 COLUMN: 41- 41

3488 97.1% (0) NO
 106 2.9% (1) YES

VAR 107 GYM3 AT GYMNASIUM OR COMMUNITY CENTRE /
 LOCATION: 42 FORMAT: F1.0
 CARD NO : 4 COLUMN: 42- 42

3577 99.5% (0) NO
 17 0.5% (2) YES

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 108 SCHOOL3 AT SCHOOL OR UNIVERSITY /
LOCATION: 43 FORMAT: F1.0
CARD NO : 4 COLUMN: 43- 43

3582 99.7% (0) NO
12 0.3% (3) YES

VAR 109 ATHOME3 AT A PRIVATE HOUSE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 4 COLUMN: 44- 44

3456 96.2% (0) NO
138 3.8% (4) YES

VAR 110 FOOTPTH3 ON FOOTPATH OR ROADWAY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 4 COLUMN: 45- 45

3395 94.5% (0) NO
199 5.5% (5) YES

VAR 111 CYCLPTH3 ON A CYCLE PATHTY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 4 COLUMN: 46- 46

3586 99.8% (0) NO
8 0.2% (6) YES

VAR 112 NATURE3 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 4 COLUMN: 47- 47

3587 99.8% (0) NO
7 0.2% (7) YES

VAR 113 BEACH3 AT BEACH, RIVER, DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 4 COLUMN: 48- 48

3488 97.1% (0) NO
106 2.9% (8) YES

ACTIVITY DETAILS OF THIRD ACTIVITY

VAR 114 OTHRPLC3 ANY OTHER PLACE /
LOCATION: 49 FORMAT: F1.0
CARD NO : 4 COLUMN: 49- 49

3585 99.7% (0) NO
9 0.3% (9) YES

VAR 115 PARK3 AT LOCAL PARK OR GARDEN /
LOCATION: 50 FORMAT: F1.0
CARD NO : 4 COLUMN: 50- 50

3549 98.7% (0) NO
45 1.3% (1) YES

VAR 116 CANTSAY3 CAN'T SAY /
LOCATION: 51 FORMAT: F1.0
CARD NO : 4 COLUMN: 51- 51

3573 99.4% (0) NO
21 0.6% (2) YES

VAR 117 CARDNO4 CARD NUMBER 4 /
LOCATION: 80 FORMAT: F1.0
CARD NO : 4 COLUMN: 80- 80

VAR 118 STATE5 STATE IDENTIFICATION ON CARD 5 /
LOCATION: 1 FORMAT: A1
CARD NO : 5 COLUMN: 1- 1

VAR 119 IDENINO5 IDENTIFICATION NO ON CARD 5 /
LOCATION: 2 FORMAT: F8.0
CARD NO : 5 COLUMN: 2- 9

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 120 ACTINO4 NAME OF FOURTH ACTIVITY LISTED /
LOCATION: 10 FORMAT: F2.0
CARD NO : 5 COLUMN: 10- 11

ACTIVITY DETAILS OF FOURTH ACTIVITY

3236	90.0%	(0) NO ACTIVITY GIVEN
43	1.2%	(1) WALKING
32	0.9%	(2) JOGGING
51	1.4%	(3) AEROBICS
59	1.6%	(4) SWIMMING
45	1.3%	(5) BICYCLING
7	0.2%	(6) NETBALL BASKETBALL
12	0.3%	(7) GOLF
23	0.6%	(8) TENNIS
10	0.3%	(10) TABLETENNIS
22	0.6%	(11) SAILING BOATING
29	0.8%	(12) FOOTBALL CRICKET
10	0.3%	(14) WATER SKIING
1	0.0%	(15) ICE SKATING
1	0.0%	(16) LAWN BOWLS
8	0.2%	(17) SQUASH
5	0.1%	(18) OTHER

VAR 121 NOTIMES4 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 5 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say fourth activity) IN THE LAST TWO
WEEKS?

VAR 122 TIME4 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 5 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 123 VIGOR4 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 5 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3236	90.0%	(0) NO ACTIVITY
88	2.4%	(1) VERY VIGOROUS
142	4.0%	(2) FAIRLY VIGOROUS
109	3.0%	(3) NOT VERY VIGOROUS
13	0.4%	(4) NOT AT ALL VIGOROUS
6	0.2%	(5) CAN'T SAY

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 124	SPTCLB4	NO OF TIMES AT SPORTING CLUB	/
	LOCATION: 19	FORMAT: F2.0	
	CARD NO : 5	COLUMN: 19- 20	

VAR 125	HLTHCNT4	NO OF TIMES AT HEALTH CENTRE	/
	LOCATION: 21	FORMAT: F2.0	
	CARD NO : 5	COLUMN: 21- 22	

VAR 126	ALONE4	NO OF TIMES ALONE OR WITH FRIENDS	/
	LOCATION: 23	FORMAT: F2.0	
	CARD NO : 5	COLUMN: 23- 24	

VAR 127	METVAL4	METABOLIC VALUE OF ACTIVITY	/
	LOCATION: 30	FORMAT: F5.0	
	CARD NO : 5	COLUMN: 30- 34	

See Appendix B

VAR 128	MINUTES4	TOTAL TIME IN MINUTES OF ACTIVITY	/
	LOCATION: 35	FORMAT: F5.0	
	CARD NO : 5	COLUMN: 35- 39	

VAR 129	PUBLIC4	AT PUBLIC FACILITY	/
	LOCATION: 41	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 41- 41	
	3542 98.6%	(0) NO	
	52 1.4%	(1) YES	

VAR 130	GYM4	AT GYMNASIUM OR COMMUNITY CENTRE	/
	LOCATION: 42	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 42- 42	
	3580 99.6%	(0) NO	
	14 0.4%	(2) YES	

VAR 131	SCHOOL4	AT SCHOOL OR UNIVERSITY	/
	LOCATION: 43	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 43- 43	

ACTIVITY DETAILS OF FOURTH ACTIVITY

3587 99.8% (0) NO
7 0.2% (3) YES

AR 132 ATHOME4 AT A PRIVATE HOUSE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 5 COLUMN: 44- 44

3542 98.6% (0) NO
52 1.4% (4) YES

AR 133 FOOTPIH4 ON FOOTPATH OR ROADWAY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 5 COLUMN: 45- 45

3507 97.6% (0) NO
87 2.4% (5) YES

AR 134 CYCLPIH4 ON A CYCLE PATHWAY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 5 COLUMN: 46- 46

3582 99.7% (0) NO
12 0.3% (6) YES

AR 135 NATURE4 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 5 COLUMN: 47- 47

3589 99.9% (0) NO
5 0.1% (7) YES

AR 136 BEACH4 AT BEACH, RIVER, DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 5 COLUMN: 48- 48

3540 98.5% (0) NO
54 1.5% (8) YES

AR 137 OTHRPLC4 ANY OTHER PLACE /
LOCATION: 49 FORMAT: F1.0
CARD NO : 5 COLUMN: 49- 49

3587 99.8% (0) NO
7 0.2% (9) YES

ACTIVITY DETAILS OF FOURTH ACTIVITY

VAR 138	PARK4	AT LOCAL PARK OR GARDEN	/
	LOCATION: 50	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 50- 50	
	3579 99.6%	(0) NO	
	15 0.4%	(1) YES	

VAR 139	CANTSAY4	CAN'T SAY	/
	LOCATION: 51	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 51- 51	
	3583 99.7%	(0) NO	
	11 0.3%	(2) YES	

VAR 140	CARDNO5	CARD NUMBER 5	/
	LOCATION: 80	FORMAT: F1.0	
	CARD NO : 5	COLUMN: 80- 80	

VAR 141	STATE6	STATE IDENTIFICATION ON CARD 6	/
	LOCATION: 1	FORMAT: A1	
	CARD NO : 6	COLUMN: 1- 1	

VAR 142	IDENINO6	IDENTIFICATION NO ON CARD 6	/
	LOCATION: 2	FORMAT: F8.0	
	CARD NO : 6	COLUMN: 2- 9	

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 143	ACTNO5	NAME OF FIFTH ACTIVITY LISTED	/
	LOCATION: 10	FORMAT: F2.0	
	CARD NO : 6	COLUMN: 10- 11	
	3437 95.6%	(0) NO ACTIVITY GIVEN	
	26 0.7%	(1) WALKING	
	15 0.4%	(2) JOGGING	
	17 0.5%	(3) AEROBICS	
	18 0.5%	(4) SWIMMING	

ACTIVITY DETAILS OF FIFTH ACTIVITY

17	0.5%	(5) BICYCLING
3	0.1%	(6) NETBALL BASKETBALL
12	0.3%	(7) GOLF
10	0.3%	(8) TENNIS
6	0.2%	(10) TABLETENNIS
3	0.1%	(11) SAILING BOATING
13	0.4%	(12) FOOTBALL CRICKET
7	0.2%	(14) WATER SKIING
1	0.0%	(16) LAWN BOWLS
9	0.3%	(17) SQUASH

VAR 144 NOTIMES5 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 6 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say fifth activity) IN THE LAST TWO
WEEKS?

VAR 145 TIMES5 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 6 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 146 VIGOR5 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 6 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3437	95.6%	(0) NO ACTIVITY
45	1.3%	(1) VERY VIGOROUS
61	1.7%	(2) FAIRLY VIGOROUS
45	1.3%	(3) NOT VERY VIGOROUS
5	0.1%	(4) NOT AT ALL VIGOROUS
1	0.0%	(5) CAN'T SAY

VAR 147 SPTCLB5 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 6 COLUMN: 19- 20

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 148	HLTHCNT5	NO OF TIMES AT HEALTH CENTRE	/
	LOCATION: 21	FORMAT: F2.0	
	CARD NO : 6	COLUMN: 21- 22	

VAR 149	ALONE5	NO OF TIMES ALONE OR WITH FRIENDS	/
	LOCATION: 23	FORMAT: F2.0	
	CARD NO : 6	COLUMN: 23- 24	

VAR 150	METVAL5	METABOLIC VALUE OF ACTIVITY	/
	LOCATION: 30	FORMAT: F5.0	
	CARD NO : 6	COLUMN: 30- 34	

See Appendix B

VAR 151	MINUTES5	TOTAL TIME IN MINUTES OF ACTIVITY	/
	LOCATION: 35	FORMAT: F5.0	
	CARD NO : 6	COLUMN: 35- 39	

VAR 152	PUBLIC5	AT PUBLIC FACILITY	/
	LOCATION: 41	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 41- 41	
	3570 99.3%	(0) NO	
	24 0.7%	(1) YES	

VAR 153	GYM5	AT GYMNASIUM OR COMMUNITY CENTRE	/
	LOCATION: 42	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 42- 42	
	3591 99.9%	(0) NO	
	3 0.1%	(2) YES	

VAR 154	SCHOOL5	AT SCHOOL OR UNIVERSITY	/
	LOCATION: 43	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 43- 43	
	3589 99.9%	(0) NO	
	5 0.1%	(3) YES	

ACTIVITY DETAILS OF FIFTH ACTIVITY

VAR 155	ATHOME5	AT A PRIVATE HOUSE	/
	LOCATION: 44	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 44- 44	
	3573 99.4%	(0) NO	
	21 0.6%	(4) YES	

VAR 156	FOOTPTH5	ON FOOTPATH OR ROADWAY	/
	LOCATION: 45	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 45- 45	
	3551 98.8%	(0) NO	
	43 1.2%	(5) YES	

VAR 157	CYCLPTH5	ON A CYCLE PATHTY	/
	LOCATION: 46	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 46- 46	
	3590 99.9%	(0) NO	
	4 0.1%	(6) YES	

VAR 158	NATURE5	AT NATURE RESERVE OR FOREST	/
	LOCATION: 47	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 47- 47	
	3592 99.9%	(0) NO	
	2 0.1%	(7) YES	

VAR 159	BEACH5	AT BEACH, RIVER, DAM OR LAKE	/
	LOCATION: 48	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 48- 48	
	3574 99.4%	(0) NO	
	20 0.6%	(8) YES	

VAR 160	OTHRPLC5	ANY OTHER PLACE	/
	LOCATION: 49	FORMAT: F1.0	
	CARD NO : 6	COLUMN: 49- 49	
	3593 100.0%	(0) NO	
	1 0.0%	(9) YES	

ACTIVITY DETAILS OF SIXTH ACTIVITY

8	0.2%	(8) TENNIS
1	0.0%	(9) ATHLETICS
1	0.0%	(10) TABLE TENNIS
6	0.2%	(11) SAILING BOATING
11	0.3%	(12) FOOTBALL CRICKET
2	0.1%	(14) WATER SKIING
6	0.2%	(17) SQUASH
1	0.0%	(18) OTHER

VAR 167 NOTIMES6 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 7 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say sixth activity) IN THE LAST TWO
WEEKS?

VAR 168 TIME6 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 7 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 169 VIGOR6 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 7 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3535	98.4%	(0) NO ACTIVITY
27	0.8%	(1) VERY VIGOROUS
16	0.4%	(2) FAIRLY VIGOROUS
12	0.3%	(3) NOT VERY VIGOROUS
3	0.1%	(4) NOT AT ALL VIGOROUS
1	0.0%	(5) CANT SAY

VAR 170 SPTCLB6 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 7 COLUMN: 19- 20

ACTIVITY DETAILS OF SIXTH ACTIVITY

VAR 171 HLTHCNT6 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 7 COLUMN: 21- 22

VAR 172 ALONE6 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 7 COLUMN: 23- 24

VAR 173 METVAL6 METABOLIC VALUE OF ACTIVITY /
LOCATION: 30 FORMAT: F5.0
CARD NO : 7 COLUMN: 30- 34

See Appendix B

VAR 174 MINUTES6 TOTAL TIME IN MINUTES OF ACTIVITY /
LOCATION: 35 FORMAT: F5.0
CARD NO : 7 COLUMN: 35- 39

VAR 175 PUBLIC6 AT PUBLIC FACILITY /
LOCATION: 41 FORMAT: F1.0
CARD NO : 7 COLUMN: 41- 41

3585 99.7% (0) NO
9 0.3% (1) YES

VAR 176 GYM6 AT GYMNASIUM OR COMMUNITY CENTRE /
LOCATION: 42 FORMAT: F1.0
CARD NO : 7 COLUMN: 42- 42

3594 100.0% (0) NO

VAR 177 SCHOOL6 AT SCHOOL OR UNIVERSITY /
LOCATION: 43 FORMAT: F1.0
CARD NO : 7 COLUMN: 43- 43

3592 99.9% (0) NO
2 0.1% (3) YES

ACTIVITY DETAILS OF SIXTH ACTIVITY

VAR 178 ATHOME6 AT A PRIVATE HOUSE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 7 COLUMN: 44- 44

3586 99.8% (0) NO
8 0.2% (4) YES

VAR 179 FOOTPTH6 ON FOOTPATH OR ROADWAY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 7 COLUMN: 45- 45

3586 99.8% (0) NO
8 0.2% (5) YES

VAR 180 CYCLPTH6 ON A CYCLE PATHTY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 7 COLUMN: 46- 46

3593 100.0% (0) NO
1 0.0% (6) YES

VAR 181 NATURE6 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 7 COLUMN: 47- 47

3593 100.0% (0) NO
1 0.0% (7) YES

VAR 182 BEACH6 AT BEACH,RIVER,DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 7 COLUMN: 48- 48

3584 99.7% (0) NO
10 0.3% (8) YES

VAR 183 OTHRPLC6 ANY OTHER PLACE /
LOCATION: 49 FORMAT: F1.0
CARD NO : 7 COLUMN: 49- 49

3593 100.0% (0) NO
1 0.0% (9) YES

VAR 184 PARK6 AT LOCAL PARK OR GARDEN /
LOCATION: 50 FORMAT: F1.0
CARD NO : 7 COLUMN: 50- 50

3589 99.9% (0) NO
5 0.1% (1) YES

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 190 NOTIMES7 NO OF TIMES ACTIVITY DONE /
LOCATION: 12 FORMAT: F2.0
CARD NO : 8 COLUMN: 12- 13

IN THE LAST TWO WEEKS, ABOUT HOW MANY TIMES
ALTOGETHER HAVE YOU, YOURSELF, PLAYED/BEEN/
DONE (say seventh activity) IN THE LAST TWO
WEEKS?

VAR 191 TIME7 TIME TAKEN IN HOURS AND MINUTES /
LOCATION: 14 FORMAT: F4.0
CARD NO : 8 COLUMN: 14- 17

IN THE LAST TWO WEEKS, ABOUT HOW MUCH TIME -
IN HOURS AND MINUTES - WAS INVOLVED ON AVERAGE,
EACH TIME YOU (say activity)?

VAR 192 VIGOR7 LEVEL OF VIGOR /
LOCATION: 18 FORMAT: F1.0
CARD NO : 8 COLUMN: 18- 18

WHEN YOU PLAY/GO/DO (say activity), WOULD YOU
SAY YOU USUALLY ARE VERY VIGOROUS, FAIRLY
VIGOROUS, NOT VERY VIGOROUS, OR NOT AT ALL
VIGOROUS?

3572	99.4%	(0) NO ACTIVITY
9	0.3%	(1) VERY VIGOROUS
5	0.1%	(2) FAIRLY VIGOROUS
6	0.2%	(3) NOT VERY VIGOROUS
1	0.0%	(4) NOT AT ALL VIGOROUS
1	0.0%	(5) CAN'T SAY

VAR 193 SPICLB7 NO OF TIMES AT SPORTING CLUB /
LOCATION: 19 FORMAT: F2.0
CARD NO : 8 COLUMN: 19- 20

VAR 194 HLTHCNT7 NO OF TIMES AT HEALTH CENTRE /
LOCATION: 21 FORMAT: F2.0
CARD NO : 8 COLUMN: 21- 22

VAR 195 ALONE7 NO OF TIMES ALONE OR WITH FRIENDS /
LOCATION: 23 FORMAT: F2.0
CARD NO : 8 COLUMN: 23- 24

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 196	METVAL7	METABOLIC VALUE OF ACTIVITY	/
	LOCATION: 30	FORMAT: F5.0	
	CARD NO : 8	COLUMN: 30- 34	

See Appendix B

VAR 197	MINUTES7	TOTAL TIME IN MINUTES OF ACTIVITY	/
	LOCATION: 35	FORMAT: F5.0	
	CARD NO : 8	COLUMN: 35- 39	

VAR 198	PUBLIC7	AT PUBLIC FACILITY	/
	LOCATION: 41	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 41- 41	
	3592 99.9%	(0) NO	
	2 0.1%	(1) YES	

VAR 199	GYM7	AT GYMNASIUM OR COMMUNITY CENTRE	/
	LOCATION: 42	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 42- 42	
	3593 100.0%	(0) NO	
	1 0.0%	(2) YES	

VAR 200	SCHOOL7	AT SCHOOL OR UNIVERSITY	/
	LOCATION: 43	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 43- 43	
	3594 100.0%	(0) NO	

VAR 201	ATHOME7	AT A PRIVATE HOUSE	/
	LOCATION: 44	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 44- 44	
	3592 99.9%	(0) NO	
	2 0.1%	(4) YES	

VAR 202	FOOTPTH7	ON FOOTPATH OR ROADWAY	/
	LOCATION: 45	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 45- 45	

ACTIVITY DETAILS OF SEVENTH ACTIVITY

3592 99.9% (0) NO
2 0.1% (5) YES

VAR 203 CYCLPTH7 ON A CYCLE PATHTY /
LOCATION: 46 FORMAT: F1.0
CARD NO : 8 COLUMN: 46- 46

3594 100.0% (0) NO

VAR 204 NATURE7 AT NATURE RESERVE OR FOREST /
LOCATION: 47 FORMAT: F1.0
CARD NO : 8 COLUMN: 47- 47

3594 100.0% (0) NO

VAR 205 BEACH7 AT BEACH, RIVER, DAM OR LAKE /
LOCATION: 48 FORMAT: F1.0
CARD NO : 8 COLUMN: 48- 48

3590 99.9% (0) NO
4 0.1% (8) YES

VAR 206 OTHRPLC7 ANY OTHER PLACE /
LOCATION: 49 FORMAT: F1.0
CARD NO : 8 COLUMN: 49- 49

3592 99.9% (0) NO
2 0.1% (9) YES

VAR 207 PARK7 AT LOCAL PARK OR GARDEN /
LOCATION: 50 FORMAT: F1.0
CARD NO : 8 COLUMN: 50- 50

3592 99.9% (0) NO
2 0.1% (1) YES

VAR 208 CANTSAY7 CAN'T SAY /
LOCATION: 51 FORMAT: F1.0
CARD NO : 8 COLUMN: 51- 51

3593 100.0% (0) NO
1 0.0% (2) YES

ACTIVITY DETAILS OF SEVENTH ACTIVITY

VAR 209	CARDNO8	CARD NUMBER 8	/
	LOCATION: 80	FORMAT: F1.0	
	CARD NO : 8	COLUMN: 80- 80	

VAR 210	STATE9	STATE IDENTIFICATION ON CARD 9	/
	LOCATION: 1	FORMAT: A1	
	CARD NO : 9	COLUMN: 1- 1	

VAR 211	IDENINO9	IDENTIFICATION NO ON CARD 9	/
	LOCATION: 2	FORMAT: F8.0	
	CARD NO : 9	COLUMN: 2- 9	

THESE TWO VARIABLES TOGETHER COINCIDE WITH
THE FIRST NINE COLUMNS OF CARD 1

TYPES OF ACTIVITIES DONE

The following activity variables give the
number of respondents participating in
each particular activity.

VAR 212	WALK	WALKED FOR EXERCISE	/
	LOCATION: 10	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 10- 10	
	1989 55.3%	(0) NO	
	1605 44.7%	(1) YES	

VAR 213	JOG	JOGGED FOR EXERCISE	/
	LOCATION: 11	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 11- 11	
	3236 90.0%	(0) NO	
	358 10.0%	(2) YES	

VAR 214	AEROBICS	DID AEROBICS FOR EXERCISE	/
	LOCATION: 12	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 12- 12	
	3099 86.2%	(0) NO	
	495 13.8%	(3) YES	

TYPES OF ACTIVITIES DONE

VAR 215 SWIM SWAM FOR EXERCISE /
LOCATION: 13 FORMAT: F1.0
CARD NO : 9 COLUMN: 13- 13

2541 70.7% (0) NO
1053 29.3% (4) YES

VAR 216 BICYCLE BICYCLED FOR EXERCISE /
LOCATION: 14 FORMAT: F1.0
CARD NO : 9 COLUMN: 14- 14

3154 87.8% (0) NO
440 12.2% (5) YES

VAR 217 NETBALL PLAYED NETBALL FOR EXERCISE /
LOCATION: 15 FORMAT: F1.0
CARD NO : 9 COLUMN: 15- 15

3523 98.0% (0) NO
71 2.0% (6) YES

VAR 218 GOLF PLAYED GOLF FOR EXERCISE /
LOCATION: 16 FORMAT: F1.0
CARD NO : 9 COLUMN: 16- 16

3332 92.7% (0) NO
262 7.3% (7) YES

VAR 219 TENNIS PLAYED TENNIS FOR EXERCISE /
LOCATION: 17 FORMAT: F1.0
CARD NO : 9 COLUMN: 17- 17

3295 91.7% (0) NO
299 8.3% (8) YES

VAR 220 ATHLETIC DID ATHLETICS FOR EXERCISE /
LOCATION: 18 FORMAT: F1.0
CARD NO : 9 COLUMN: 18- 18

3561 99.1% (0) NO
33 0.9% (9) YES

TYPES OF ACTIVITIES DONE

VAR 221 NOACTIV NO ACTIVITIES /
LOCATION: 19 FORMAT: F1.0
CARD NO : 9 COLUMN: 19- 19

2696 75.0% (0) NO
898 25.0% (1) YES

VAR 222 TABTENIS PLAYED TABLE TENNIS /
LOCATION: 24 FORMAT: F1.0
CARD NO : 9 COLUMN: 24- 24

3501 97.4% (0) NO
93 2.6% (1) YES

VAR 223 SAILING WENT SAILING FOR EXERCISE /
LOCATION: 25 FORMAT: F1.0
CARD NO : 9 COLUMN: 25- 25

3371 93.8% (0) NO
223 6.2% (2) YES

VAR 224 FOOTBALL FOOTBALL OR CRICKET /
LOCATION: 26 FORMAT: F1.0
CARD NO : 9 COLUMN: 26- 26

3292 91.6% (0) NO
302 8.4% (3) YES

VAR 225 SNOWSKI SNOWSKIING /
LOCATION: 27 FORMAT: F1.0
CARD NO : 9 COLUMN: 27- 27

3593 100.0% (0) NO
1 0.0% (4) YES

VAR 226 WATERSKI WATERSKIING /
LOCATION: 28 FORMAT: F1.0
CARD NO : 9 COLUMN: 28- 28

3518 97.9% (0) NO
76 2.1% (5) YES

TYPES OF ACTIVITIES DONE

VAR 227 ICESKATE ICESKATING /
LOCATION: 29 FORMAT: F1.0
CARD NO : 9 COLUMN: 29- 29

3582 99.7% (0) NO
12 0.3% (6) YES

VAR 228 BOWLS LAWN BOWLS /
LOCATION: 30 FORMAT: F1.0
CARD NO : 9 COLUMN: 30- 30

3489 97.1% (0) NO
105 2.9% (7) YES

VAR 229 SQUASH PLAY SQUASH /
LOCATION: 31 FORMAT: F1.0
CARD NO : 9 COLUMN: 31- 31

3449 96.0% (0) NO
145 4.0% (8) YES

VAR 230 OTHERSP OTHER SPORT /
LOCATION: 32 FORMAT: F1.0
CARD NO : 9 COLUMN: 32- 32

3537 98.4% (0) NONE
57 1.6% (9) YES

REASONS WHY NOT PHYSICALLY ACTIVE

ON THE BOTTOM HALF OF THE WHITE CARD ARE SOME REASONS PEOPLE HAVE FOR NOT BEING PHYSICALLY ACTIVE. (pause) WHICH, IF ANY, OF THOSE APPLY TO YOU? JUST SAY THE NUMBER AT THE END OF THE LINE. WHICH OTHERS? ANY OTHERS? (Circle for all mentioned).

- I DON'T WANT TO BE PHYSICALLY ACTIVE
- I HAVE TRIED PHYSICAL ACTIVITIES BUT FIND IT DIFFICULT TO CONTINUE THEM
- I HAVE NO CHANCE TO DO PHYSICAL ACTIVITIES
- I DON'T HAVE ENOUGH FREE TIME
- I DON'T HAVE ANY TRANSPORT
- I NEED MORE ENCOURAGEMENT
- I AM PHYSICALLY UNABLE TO DO ANY PHYSICAL ACTIVITIES
- THERE ARE NO FACILITIES NEAR WHERE I LIVE
- SOME OTHER REASON? (PLEASE DESCRIBE IT)

REASONS WHY NOT PHYSICALLY ACTIVE

VAR 231 DONTWANT DON'T WANT TO BE ACTIVE /
 LOCATION: 38 FORMAT: F1.0
 CARD NO : 9 COLUMN: 38- 38

 3479 96.8% (0) NO
 115 3.2% (1) YES

VAR 232 TOOHARD HAVE TRIED BUT FIND DIFFICULT /
 LOCATION: 39 FORMAT: F1.0
 CARD NO : 9 COLUMN: 39- 39

 3543 98.6% (0) NO
 51 1.4% (2) YES

VAR 233 NOCHANCE NO CHANCE TO DO ACTIVITIES /
 LOCATION: 40 FORMAT: F1.0
 CARD NO : 9 COLUMN: 40- 40

 3535 98.4% (0) NO
 59 1.6% (3) YES

VAR 234 NOTIME NOT ENOUGH FREE TIME /
 LOCATION: 41 FORMAT: F1.0
 CARD NO : 9 COLUMN: 41- 41

 3311 92.1% (0) NO
 283 7.9% (4) YES

VAR 235 NOTRANS DON'T HAVE TRANSPORT /
 LOCATION: 42 FORMAT: F1.0
 CARD NO : 9 COLUMN: 42- 42

 3572 99.4% (0) NO
 22 0.6% (5) YES

VAR 236 MORENCOR NEED MORE ENCOURAGEMENT /
 LOCATION: 43 FORMAT: F1.0
 CARD NO : 9 COLUMN: 43- 43

 3507 97.6% (0) NO
 87 2.4% (6) YES

REASONS WHY NOT PHYSICALLY ACTIVE

VAR 237 UNABLE PHYSICALLY UNABLE /
LOCATION: 44 FORMAT: F1.0
CARD NO : 9 COLUMN: 44- 44

3340 92.9% (0) NO
254 7.1% (7) YES

VAR 238 NOFACILS NO FACILITIES NEARBY /
LOCATION: 45 FORMAT: F1.0
CARD NO : 9 COLUMN: 45- 45

3572 99.4% (0) NO
22 0.6% (8) YES

VAR 239 ANYOTHER OTHER REASON /
LOCATION: 46 FORMAT: F1.0
CARD NO : 9 COLUMN: 46- 46

3537 98.4% (0) NO
57 1.6% (9) YES

VAR 240 NONE /
LOCATION: 47 FORMAT: F1.0
CARD NO : 9 COLUMN: 47- 47

3543 98.6% (0) NO
51 1.4% (1) YES

VAR 241 ATWORK EXERCISE AT WORK /
LOCATION: 48 FORMAT: F1.0
CARD NO : 9 COLUMN: 48- 48

3558 99.0% (0) NO
36 1.0% (2) YES

REGULAR PHYSICAL EXERCISE

VAR 242 DAYSEXCS NO DAYS EXERCISE EACH WEEK /
LOCATION: 50 FORMAT: A1
CARD NO : 9 COLUMN: 50- 50

REGULAR PHYSICAL EXERCISE

NEXT, ABOUT REGULAR PHYSICAL EXERCISE.
APART FROM SPORT (AND YOUR JOB) DO YOU DO
ANY REGULAR PHYSICAL EXERCISE, TO HELP
YOU KEEP FIT?

(If yes) HOW MANY DAYS A WEEK DO YOU EXERCISE?

52	1.4%	(0) LESS THAN ONE DAY
146	4.1%	(1) ONE DAY
253	7.0%	(2) TWO DAYS
259	7.2%	(3) THREE DAYS
140	3.9%	(4) FOUR DAYS
124	3.5%	(5) FIVE DAY
26	0.7%	(6) SIX DAYS
631	17.6%	(7) SEVEN DAYS
107	3.0%	(8) CAN'T SAY
1856	51.6%	(9) DON'T DO REGULAR EXERCISE

VAR 243 TYPEEXCS TYPE OF EXERCISE /
LOCATION: 51 FORMAT: A1
CARD NO : 9 COLUMN: 51- 51

AND IS THAT EXERCISE USUALLY JOGGING, RUNNING
WALKING, CYCLING, SWIMMING, OR EXERCISE AT
HOME, OR EXERCISE AT A HEALTH CLUB, OR
SOMETHING ELSE?

142	4.0%	(0) JOGGING
77	2.1%	(1) RUN
581	16.2%	(2) WALK
157	4.4%	(3) CYCLE
174	4.8%	(4) SWIM
168	4.7%	(5) AT HOME
125	3.5%	(6) HEALTH CLUB
185	5.1%	(7) OTHER
8	0.2%	(8) CAN'T SAY
80	2.2%	(9) GOLF
41	1.1%	(10) SQUASH
1856	51.6%	(13) MISSING

Columns 52 - 63 contain the sexes and ages
of children within the household.

CHILDREN OF THE HOUSEHOLD

VAR 244 BOY02 BOY 0-2 YEARS /
LOCATION: 52 FORMAT: F1.0
CARD NO : 9 COLUMN: 52- 52

CHILDREN OF THE HOUSEHOLD

3368 93.7% (0) NOT APPLICABLE
226 6.3% (1) BOY 0-2 YEARS

VAR 245 BOY35 BOY 3-5 YEARS /
LOCATION: 53 FORMAT: F1.0
CARD NO : 9 COLUMN: 53- 53

3340 92.9% (0) NOT APPLICABLE
254 7.1% (2) BOY 3-5 YEARS

VAR 246 BOY68 BOY 6-8 YEARS /
LOCATION: 54 FORMAT: F1.0
CARD NO : 9 COLUMN: 54- 54

3353 93.3% (0) NOT APPLICABLE
241 6.7% (3) BOY 6-8 YEARS

VAR 247 BOY911 BOY 9-11 YEARS /
LOCATION: 55 FORMAT: F1.0
CARD NO : 9 COLUMN: 55- 55

3325 92.5% (0) NOT APPLICABLE
269 7.5% (4) BOY 9-11 YEARS

VAR 248 BOY1213 BOY 12-13 YEARS /
LOCATION: 56 FORMAT: F1.0
CARD NO : 9 COLUMN: 56- 56

3410 94.9% (0) NOT APPLICABLE
184 5.1% (5) BOY 12-13 YEARS

VAR 249 BOY1415 BOY 14-15 YEARS /
LOCATION: 57 FORMAT: F1.0
CARD NO : 9 COLUMN: 57- 57

3364 93.6% (0) NOT APPLICABLE
230 6.4% (6) BOY 14-15 YEARS

VAR 250 GIRL02 GIRL 0-2 YEARS /
LOCATION: 58 FORMAT: F1.0
CARD NO : 9 COLUMN: 58- 58

3379 94.0% (0) NOT APPLICABLE
215 6.0% (7) GIRL 0-2 YEARS

CHILDREN OF THE HOUSEHOLD

VAR 251	GIRL35	GIRL 3-5 YEARS	/
	LOCATION: 59	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 59- 59	
	3339 92.9%	(0) NOT APPLICABLE	
	255 7.1%	(8) GIRL 3-5 YEARS	

VAR 252	GIRL68	GIRL 6-8 YEARS	/
	LOCATION: 60	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 60- 60	
	3364 93.6%	(0) NOT APPLICABLE	
	230 6.4%	(9) GIRL 6-8 YEARS	

VAR 253	GIRL911	GIRL 9-11 YEARS	/
	LOCATION: 61	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 61- 61	
	3375 93.9%	(0) NOT APPLICABLE	
	219 6.1%	(1) GIRL 9-11 YEARS	

VAR 254	GIRL1213	GIRL 12-13 YEARS	/
	LOCATION: 62	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 62- 62	
	3432 95.5%	(0) NOT APPLICABLE	
	162 4.5%	(2) GIRL 12-13 YEARS	

VAR 255	GIRL1415	GIRL 14-15 YEARS	/
	LOCATION: 63	FORMAT: F1.0	
	CARD NO : 9	COLUMN: 63- 63	
	3368 93.7%	(0) NOT APPLICABLE	
	226 6.3%	(3) GIRL 14-15 YEARS	

WEIGHTING

VAR 256	WEIGHT	WEIGHTING FACTOR	/
	LOCATION: 65	FORMAT: F6.4	
	CARD NO : 9	COLUMN: 65- 70	

Derivation of the weighting factor is explained in the Study Description.

VAR 257 CARDNO9 CARD NUMBER IDENTIFICATION /
LOCATION: 80 FORMAT: F1.0
CARD NO : 9 COLUMN: 80- 80

Variable	Description
AGE	Age in years
SEX	Sex
RACE	Race
EDUC	Years of school completed
RELIG	Religion
ETHNIC	Ethnicity
INCOME	Family income
WEALTH	Family wealth
HEALTH	Health status
ACTIVITY	Activity level
SMOKING	Smoking status
DRINKING	Drinking status
DIET	Dietary habits
EXERCISE	Exercise habits
SLEEP	Sleeping habits
STRESS	Stress level
DEPRESSION	Depression status
ANXIETY	Anxiety status
PERSONALITY	Personality traits
INTERESTS	Interests and hobbies
VALUES	Personal values
ATTITUDES	Attitudes towards life
OPINIONS	Opinions on various topics
BEHAVIOR	Behavioral patterns
EMOTIONS	Emotional state
COGNITION	Cognitive functions
PERCEPTION	Perceptual abilities
MEMORY	Memory recall
LEARNING	Learning style
TECHNOLOGY	Technology usage
ENVIRONMENT	Living environment
COMMUNITY	Community involvement
SOCIAL	Social interactions
FAMILY	Family structure
RELATIONSHIPS	Relationships with others
ROMANCE	Romantic relationships
MARRIAGE	Marital status
DIVORCE	Divorce status
WIDOW	Widow status
ORPHAN	Orphan status
ADOPTEE	Adoptee status
GUARDIAN	Guardian status
MENTOR	Mentor status
TEACHER	Teacher status
STUDENT	Student status
EMPLOYEE	Employee status
UNEMPLOYED	Unemployed status
RETIRED	Retired status
DISABLED	Disabled status
ABLEBODIED	Able-bodied status
HANDICAPPED	Handicapped status
DEAF	Deaf status
BLIND	Blind status
DEAFBLIND	Deafblind status
PHYSICALLY HANDICAPPED	Physically handicapped status
MENTALLY HANDICAPPED	Mentally handicapped status
DEVELOPMENTALLY HANDICAPPED	Developmentally handicapped status
CHRONICALLY ILL	Chronically ill status
ACUTELY ILL	Acutely ill status
RECOVERING	Recovering from illness
DECEASED	Deceased status
REBORN	Reborn status
TRANSFORMED	Transformed status
ENLIGHTENED	Enlightened status
WISDOMFUL	Wisdomful status
KNOWLEDGEABLE	Knowledgeable status
SKILLFUL	Skillful status
CREATIVE	Creative status
IMAGINATIVE	Imaginative status
ARTISTIC	Artistic status
MUSICAL	Musical status
DANCING	Dancing status
SPORTS	Sports participation
GARDENING	Gardening status
COOKING	Cooking status
DIY	DIY projects
REPAIRS	Repair work
CONSTRUCTION	Construction work
MANUFACTURING	Manufacturing work
MINING	Mining work
CONSTRUCTION WORKER	Construction worker
MANUFACTURING WORKER	Manufacturing worker
MINING WORKER	Mining worker
CONSTRUCTION LABORER	Construction laborer
MANUFACTURING LABORER	Manufacturing laborer
MINING LABORER	Mining laborer
CONSTRUCTION OPERATOR	Construction operator
MANUFACTURING OPERATOR	Manufacturing operator
MINING OPERATOR	Mining operator
CONSTRUCTION SUPERVISOR	Construction supervisor
MANUFACTURING SUPERVISOR	Manufacturing supervisor
MINING SUPERVISOR	Mining supervisor
CONSTRUCTION MANAGER	Construction manager
MANUFACTURING MANAGER	Manufacturing manager
MINING MANAGER	Mining manager
CONSTRUCTION ENGINEER	Construction engineer
MANUFACTURING ENGINEER	Manufacturing engineer
MINING ENGINEER	Mining engineer
CONSTRUCTION ARCHITECT	Construction architect
MANUFACTURING ARCHITECT	Manufacturing architect
MINING ARCHITECT	Mining architect
CONSTRUCTION DESIGNER	Construction designer
MANUFACTURING DESIGNER	Manufacturing designer
MINING DESIGNER	Mining designer
CONSTRUCTION PLANNER	Construction planner
MANUFACTURING PLANNER	Manufacturing planner
MINING PLANNER	Mining planner
CONSTRUCTION ESTIMATOR	Construction estimator
MANUFACTURING ESTIMATOR	Manufacturing estimator
MINING ESTIMATOR	Mining estimator
CONSTRUCTION INSPECTOR	Construction inspector
MANUFACTURING INSPECTOR	Manufacturing inspector
MINING INSPECTOR	Mining inspector
CONSTRUCTION SAFETY	Construction safety
MANUFACTURING SAFETY	Manufacturing safety
MINING SAFETY	Mining safety
CONSTRUCTION PROTECTION	Construction protection
MANUFACTURING PROTECTION	Manufacturing protection
MINING PROTECTION	Mining protection
CONSTRUCTION CLEANUP	Construction cleanup
MANUFACTURING CLEANUP	Manufacturing cleanup
MINING CLEANUP	Mining cleanup
CONSTRUCTION DEMOLITION	Construction demolition
MANUFACTURING DEMOLITION	Manufacturing demolition
MINING DEMOLITION	Mining demolition
CONSTRUCTION REPAIR	Construction repair
MANUFACTURING REPAIR	Manufacturing repair
MINING REPAIR	Mining repair
CONSTRUCTION MAINTENANCE	Construction maintenance
MANUFACTURING MAINTENANCE	Manufacturing maintenance
MINING MAINTENANCE	Mining maintenance
CONSTRUCTION UPGRADE	Construction upgrade
MANUFACTURING UPGRADE	Manufacturing upgrade
MINING UPGRADE	Mining upgrade
CONSTRUCTION MODERNIZATION	Construction modernization
MANUFACTURING MODERNIZATION	Manufacturing modernization
MINING MODERNIZATION	Mining modernization
CONSTRUCTION RENOVATION	Construction renovation
MANUFACTURING RENOVATION	Manufacturing renovation
MINING RENOVATION	Mining renovation
CONSTRUCTION RESTORATION	Construction restoration
MANUFACTURING RESTORATION	Manufacturing restoration
MINING RESTORATION	Mining restoration
CONSTRUCTION PRESERVATION	Construction preservation
MANUFACTURING PRESERVATION	Manufacturing preservation
MINING PRESERVATION	Mining preservation
CONSTRUCTION PROTECTION	Construction protection
MANUFACTURING PROTECTION	Manufacturing protection
MINING PROTECTION	Mining protection
CONSTRUCTION CLEANUP	Construction cleanup
MANUFACTURING CLEANUP	Manufacturing cleanup
MINING CLEANUP	Mining cleanup
CONSTRUCTION DEMOLITION	Construction demolition
MANUFACTURING DEMOLITION	Manufacturing demolition
MINING DEMOLITION	Mining demolition
CONSTRUCTION REPAIR	Construction repair
MANUFACTURING REPAIR	Manufacturing repair
MINING REPAIR	Mining repair
CONSTRUCTION MAINTENANCE	Construction maintenance
MANUFACTURING MAINTENANCE	Manufacturing maintenance
MINING MAINTENANCE	Mining maintenance
CONSTRUCTION UPGRADE	Construction upgrade
MANUFACTURING UPGRADE	Manufacturing upgrade
MINING UPGRADE	Mining upgrade
CONSTRUCTION MODERNIZATION	Construction modernization
MANUFACTURING MODERNIZATION	Manufacturing modernization
MINING MODERNIZATION	Mining modernization
CONSTRUCTION RENOVATION	Construction renovation
MANUFACTURING RENOVATION	Manufacturing renovation
MINING RENOVATION	Mining renovation
CONSTRUCTION RESTORATION	Construction restoration
MANUFACTURING RESTORATION	Manufacturing restoration
MINING RESTORATION	Mining restoration
CONSTRUCTION PRESERVATION	Construction preservation
MANUFACTURING PRESERVATION	Manufacturing preservation
MINING PRESERVATION	Mining preservation

Data Collected in C.O.T. surveys is subject to a standard edit.

Column	Variable	Code Inserted if Column Blank
41	AGE	14 - 15
42	CTYBIRTH	Australia
43	MARISTAT	Single
44	EDUSTAT	If age 18 - 24 = 4th form Others = some secondary
45	WORKSTAT	Don't work If home duties/don't work, INCOME1, OCCUPAT1 and EMPLOYER = blank
46	INCOME1	Randomly generated by occupation in same distribution as those who gave income
47	OCCUPAT1	Clerk (4)
48	EMPLOYER	Occupations 3 & 8 = self-employed (3) Occupations 4 & 12 = public service (1) 1,2,5,6,7,9 & 10 = private industry (2)
49	TVSETS	One (1)
50	VCR	If no TV = blank If TV = no (3)
51	CHILDREN	No. of punches on Card 9 Columns 52-63
62	ADULTS	Difference between number of children and total If total blank or 0 adults = two
63	PEOPLE	Sum of CHILDREN and ADULTS - maximum 9
64	TELEPHON	No phone
65	SEX	GBSEX if main grocery buyer otherwise MAN(1)
66	GBRESP	No (3)
67	GBSEX	Sex of respondent if main grocery buyer. Otherwise woman (1)
68	GBAGE	Respondent's age
69	GBWORK	Respondent's work status if main grocery buyer Home duties (3) if woman Don't work (4) if man
70	RMIE	Yes (1) if full-time worker No (2) if not full-time worker
71	MIEOCC	Own occupation if main income earner and full- time worker. Otherwise Clerk (4)

Column	Variable	Code Inserted if Column Blank
72	MIEINC	Own income if main income earner and full-time worker. Otherwise randomly generated by occupation in distributions as those who gave income
73	ELECTROL	No (2)
74	RELIGION	Wouldn't say (10)
75	FTWORKRS	None (0)
76	PTWORKRS	None (0)
77	TYPEDWEL	Separate house (1)
78	CITYTYPE	If capital city then (0) Otherwise 10,000 - 24,999 (5)

ESTIMATED METABOLIC COST (METS) OF ACTIVITIES*

	<i>Very Vigorous</i>	<i>Fairly Vigorous</i>	<i>Not Very Vigorous</i>	<i>Not at all Vigorous</i>	<i>Can't Say (Medium)</i>
1. Walking	7	4	2	1	4
2. Jogging	13	10	7	4	10
3. Calisthenics/ Aerobics	12	9	7	4	9
4. Swimming	10	6	3	1	6
5. Bicycling	9	6	3	1	6
6. Netball/Basketball	12	8	4	2	8
7. Golf	4	3	2	1	3
8. Tennis	8	6	4	2	6
9. Athletics	8	6	4	2	6
10. Table Tennis	8	6	4	2	6
11. Sailing/Boating	4	3	2	1	3
12. Cricket/Football/ Soccer/Rugby, etc	12	8	6	4	8
13. Snow Skiing	12	8	6	4	8
14. Water Skiing	12	8	6	4	8
15. Ice Skating	12	8	6	4	8
16. Lawn Bowls	4	3	2	1	2
17. Squash	12	10	8	4	12
18. Other	8	6	4	2	6

* Energy expenditure has been measured in terms of Mets. This is the value of the metabolic energy cost expressed as a multiple of the resting metabolic rate (for example, an activity at 4 Mets, such as walking at medium intensity, requires four times as much energy as when at rest).

Frequencies Addendum



The Australian National University
Canberra 2600

ECT ELECTORATE SUBDIVISION

Code	Freq	Adj %	Cum %	Code	Freq	Adj %	Cum %	Code	Freq	Adj %	Cum %
100.	30	1	1	247.	10	0	49	485.	13	0	79
101.	40	1	2	260.	20	1	49	501.	10	0	79
102.	40	1	3	261.	10	0	50	502.	10	0	80
103.	30	1	4	262.	10	0	50	504.	10	0	80
104.	10	0	4	263.	41	1	51	506.	10	0	80
105.	30	1	5	264.	10	0	51	520.	10	0	81
107.	10	0	5	280.	29	1	52	521.	10	0	81
110.	20	1	6	281.	10	0	52	522.	10	0	81
120.	77	2	8	282.	30	1	53	527.	30	1	82
121.	10	0	8	283.	40	1	54	540.	10	0	82
122.	50	1	10	284.	30	1	55	543.	10	0	82
123.	40	1	11	286.	10	0	56	544.	9	0	83
124.	57	2	12	300.	20	1	56	546.	10	0	83
125.	25	1	13	302.	47	1	57	560.	10	0	83
126.	10	0	13	303.	20	1	58	561.	10	0	84
140.	30	1	14	304.	10	0	58	562.	10	0	84
141.	30	1	15	305.	10	0	59	563.	10	0	84
142.	40	1	16	306.	10	0	59	580.	10	0	84
143.	60	2	18	320.	60	2	60	582.	10	0	85
144.	40	1	19	322.	30	1	61	585.	20	1	85
145.	30	1	20	324.	20	1	62	601.	10	0	86
151.	20	1	20	327.	20	1	62	604.	10	0	86
160.	30	1	21	330.	30	1	63	605.	10	0	86
161.	20	1	22	332.	10	0	64	606.	20	1	87
162.	60	2	23	340.	20	1	64	620.	20	1	87
163.	20	1	24	341.	10	0	64	621.	20	1	88
164.	10	0	24	342.	10	0	65	622.	20	1	88
165.	40	1	25	343.	20	1	65	625.	10	0	89
166.	30	1	26	346.	9	0	65	640.	10	0	89
168.	10	0	26	360.	10	0	66	641.	10	0	89
180.	40	1	28	362.	10	0	66	646.	10	0	89
181.	89	2	30	365.	10	0	66	660.	30	1	90
182.	70	2	32	380.	40	1	67	662.	10	0	91
183.	20	1	32	381.	40	1	69	665.	20	1	91
184.	10	0	33	383.	10	0	69	681.	10	0	91
185.	10	0	33	384.	10	0	69	682.	20	1	92
186.	10	0	33	400.	20	1	70	700.	30	1	93
200.	28	1	34	401.	30	1	70	701.	10	0	93
201.	30	1	35	403.	20	1	71	702.	10	0	93
202.	10	0	35	406.	30	1	72	703.	10	0	94
203.	20	1	36	408.	10	0	72	705.	20	1	94
204.	10	0	36	420.	10	0	72	720.	10	0	94
205.	10	0	36	421.	20	1	73	723.	20	1	95
206.	20	1	37	422.	10	0	73	724.	10	0	95
207.	20	1	37	424.	10	0	74	742.	10	0	96
212.	10	0	38	426.	10	0	74	744.	10	0	96
218.	10	0	38	440.	10	0	74	761.	20	1	96
220.	50	1	39	441.	10	0	74	762.	10	0	97

ELECT ELECTORATE SUBDIVISION

Code	Freq	Adj %	Cum %	Code	Freq	Adj %	Cum %	Code	Freq	Adj %	Cum %
100.	30	1	1	247.	10	0	49	485.	13	0	79
101.	40	1	2	260.	20	1	49	501.	10	0	79
102.	40	1	3	261.	10	0	50	502.	10	0	80
103.	30	1	4	262.	10	0	50	504.	10	0	80
104.	10	0	4	263.	41	1	51	506.	10	0	80
105.	30	1	5	264.	10	0	51	520.	10	0	81
107.	10	0	5	280.	29	1	52	521.	10	0	81
110.	20	1	6	281.	10	0	52	522.	10	0	81
120.	77	2	8	282.	30	1	53	527.	30	1	82
121.	10	0	8	283.	40	1	54	540.	10	0	82
122.	50	1	10	284.	30	1	55	543.	10	0	82
123.	40	1	11	286.	10	0	56	544.	9	0	83
124.	57	2	12	300.	20	1	56	546.	10	0	83
125.	25	1	13	302.	47	1	57	560.	10	0	83
126.	10	0	13	303.	20	1	58	561.	10	0	84
140.	30	1	14	304.	10	0	58	562.	10	0	84
141.	30	1	15	305.	10	0	59	563.	10	0	84
142.	40	1	16	306.	10	0	59	580.	10	0	84
143.	60	2	18	320.	60	2	60	582.	10	0	85
144.	40	1	19	322.	30	1	61	585.	20	1	85
145.	30	1	20	324.	20	1	62	601.	10	0	86
151.	20	1	20	327.	20	1	62	604.	10	0	86
160.	30	1	21	330.	30	1	63	605.	10	0	86
161.	20	1	22	332.	10	0	64	606.	20	1	87
162.	60	2	23	340.	20	1	64	620.	20	1	87
163.	20	1	24	341.	10	0	64	621.	20	1	88
164.	10	0	24	342.	10	0	65	622.	20	1	88
165.	40	1	25	343.	20	1	65	625.	10	0	89
166.	30	1	26	346.	9	0	65	640.	10	0	89
168.	10	0	26	360.	10	0	66	641.	10	0	89
180.	40	1	28	362.	10	0	66	646.	10	0	89
181.	89	2	30	365.	10	0	66	660.	30	1	90
182.	70	2	32	380.	40	1	67	662.	10	0	91
183.	20	1	32	381.	40	1	69	665.	20	1	91
184.	10	0	33	383.	10	0	69	681.	10	0	91
185.	10	0	33	384.	10	0	69	682.	20	1	92
186.	10	0	33	400.	20	1	70	700.	30	1	93
200.	28	1	34	401.	30	1	70	701.	10	0	93
201.	30	1	35	403.	20	1	71	702.	10	0	93
202.	10	0	35	406.	30	1	72	703.	10	0	94
203.	20	1	36	408.	10	0	72	705.	20	1	94
204.	10	0	36	420.	10	0	72	720.	10	0	94
205.	10	0	36	421.	20	1	73	723.	20	1	95
206.	20	1	37	422.	10	0	73	724.	10	0	95
207.	20	1	37	424.	10	0	74	742.	10	0	96
212.	10	0	38	426.	10	0	74	744.	10	0	96
218.	10	0	38	440.	10	0	74	761.	20	1	96
220.	50	1	39	441.	10	0	74	762.	10	0	97

221.	40	1	41	442.	10	0	75	765.	10	0	97
222.	60	2	42	444.	20	1	75	780.	10	0	97
224.	10	0	42	449.	10	0	75	782.	10	0	97
225.	10	0	43	460.	20	1	76	783.	20	1	98
226.	30	1	44	461.	20	1	77	800.	10	0	98
227.	10	0	44	462.	10	0	77	804.	10	0	99
240.	60	2	46	465.	10	0	77	807.	10	0	99
241.	40	1	47	467.	10	0	77	821.	10	0	99
242.	50	1	48	480.	30	1	78	823.	10	0	99
243.	10	0	48	482.	10	0	79	841.	10	0	100
245.	10	0	49	483.	10	0	79	844.	10	0	100

Valid cases 3594 Missing cases 0

