This issue of reCollections: A Journal of Museums and Collections focuses on revealing the hidden histories contained within objects, and looks at the role objects can play in health and wellbeing.

- Andrew Heywood peels away the layers of paint covering the decorated walls of the late 18th-century house in Melbourne to discover a lost history of Scottish artisans in 19th-century Victoria.
- Judith Mitchell examines a pair of shoes in the collection of the National Museum of Australia and finds they reveal a hidden history of the sisters who owned them.
- Tim McNaught describes a project involving ancient artefacts in the documentation and display of their own historical objects.
- Also featured are reviews of a number of recent and current exhibitions.