

Appendices

Biographical profiles

Seventeen men were interviewed for this study. Below I give a table showing the locations from which each interviewee was recruited. Following this, I give short profiles of the sexual and relationship histories and safe and unsafe sexual practices of each man. The research participants are in alphabetical order by name.

Figure 1. Interviewees by locale

Stromlo Hall, Australian National University (10 interviewees)

Adam

Chris

Declan

Elliot

Greg

Jake

Macca

Oliver

Roger

Scott

Westside Youth Centre (2 interviewees)

Dave

Jim

Australian Defence Force Academy — military university (4 interviewees)

Curtis

Nigel

Ronald

Tim

Other (1 interviewee)

Tristan

Adam

Adam is aged 22, and a fourth-year Economics Honours student residing at Stromlo Hall.

Adam has had intercourse with a total of about 10 women. He experienced several episodes of mutual masturbation with male friends at about age 13. His first intercourse was in his first year of university, in a casual involvement which lasted several months. Adam now is good friends with Scott, another man at Stromlo Hall who was interviewed for this study. Both Adam and Scott tell of frequent casual sexual encounters such as kissing on the dancefloor, one night stands or “sleeping a couple of times” or “on and off” with various women, and serial relationships ranging from a few weeks to two years. Both say that this year has been a particularly busy one in sexual terms.

Adam is a rare and reluctant condom user. “Safe sex”, the prevention of transmission of HIV and other STIs, is largely irrelevant, and pregnancy is a more dominant concern. Contraception is established through the assumption of Pill use, requests for Pill adoption, or not at all.

In Adam’s one-night stands in which intercourse was involved, he says that usually he has used condoms. In the “vast majority” of casual encounters he has not had intercourse, but he says that “the, four or f-, three or four, times, yeah, I’ve used a condom.” However, Adam’s account of at least one casual episode contradicts this, in that he used condoms for the first occurrence of intercourse but not the second two. In “relationships” Adam relies on the contraceptive Pill. He “requests” Pill use from his partners, typically after ‘a couple of weeks’.

Adam’s condom use, confined largely to his casual sexual encounters, is primarily about preventing pregnancy. While he mentions ‘disease’ as a worry in such encounters, his sense of the prophylactic safety of “the heterosexual community” and heterosexual sexual practices renders this marginal.

Chris

Chris is aged 19, and a first-year university student living at Stromlo Hall and doing a Bachelor of Science degree.

Chris has had various “girlfriends” through secondary school. He first had intercourse at the end of Year 12, in a two-month relationship which ended when both he and the woman moved to Canberra to begin university, five months ago. Chris’s most recent sexual episode was with his next-door neighbour at Stromlo

Hall, earlier this year, where on two separate nights they kissed and masturbated each other. Chris is highly committed to condom use, and he enforced this for his one and only episode of intercourse despite the woman's resistance.

Curtis

Curtis is a 20-year-old Naval Officer Cadet in his third and final year at ADFA.

Curtis has had many one-night stands and short-term sexual involvements, and currently he is in his third long-term relationship. His sexual experience through secondary school was characterised by short-term involvements of one night to a few weeks with a large number of young women, involving kissing and eventually mutual masturbation, and oral sex in Year 12.

Curtis's first relationship was at the end of Year 12, and it was with this woman that he first had intercourse. Curtis then moved to Canberra to commence study at ADFA, and engaged in a constant round of 'picking up' women and having sex. He also continued to have sex with his girlfriend back in Adelaide, until near the end of the year when he began his second relationship.

Curtis's second relationship (with Leanne) began in September or so of his first year at ADFA, and ended very badly four to five months later. During this time he continued to have sex with his Adelaide girlfriend when he saw her, and with other women he picked up. Curtis continued 'picking up' and casual sexual activity throughout his second year at ADFA, and by this stage he had broken up with his Adelaide girlfriend. In August of this second year at ADFA, Curtis began a relationship with Bridget, a woman in his Division at ADFA. They were still in a relationship at the time of the interviews, 11 months later.

Curtis has used condoms for most of his casual sexual involvements. In his relationships on the other hand, reliance on the Pill is the overriding method. Two of his girlfriends were on the Pill before and throughout their relationships with him. In the first of his three relationships, he and his partner began with condoms and then she went on the Pill. With Bridget, his current and third long-term partner, she is on the Pill and they do not use condoms.

Curtis is 'best mates' with Tim, another ADFA Cadet and whom I also interviewed.

Dave

Dave is aged 25 and long-term unemployed. He was contacted through the

Westside Youth Centre. Dave has very limited sexual experience, with only two occasions of intercourse, one four years ago and one three years ago. The first sexual interaction was overnight, while the second lasted two or three weeks. Both episodes of intercourse were without condoms, and Dave has never used them. In the first one he ejaculated, while in the second he withdrew before ejaculation.

Declan

Declan is aged 18, and a university student living at Stromlo Hall. He had eight to ten short-term involvements in the last three to four years of high school, and a relationship in mid-Year 12, which ended early in his first year of university. A few weeks later he had sex with another woman, his first intercourse (and with a condom), and this was about four months ago. He has “got onto” two other women since then. For Declan condoms are a taken-for-granted aspect of sexual relations. Declan has used condoms on two occasions so far: once for a ‘handjob’ when his then-partner ‘didn’t want to get any mess anywhere’, and for his only session of intercourse.

Elliot

Elliot is aged 21, and a university student studying Science and Law and residing at Stromlo Hall. Elliot has had four sexual relationships, three involving intercourse, and he used condoms in all three. With the second and third women with whom he had intercourse, both women went on the Pill (and in at least one, he had asked her to do so), while he also kept using condoms. Both of these women had been virgins. In the most recent of these relationships, which ended a year ago, Elliot did have non-condom intercourse several times, because of the woman’s insistence. He is highly committed to condom use.

Greg

Greg is aged 23, and a university student living at Stromlo Hall. In his teens Greg had various short-term girlfriends and “small sorts of sexual encounters”. His first intercourse was at age 14, in a three-month relationship. The woman was on the Pill and it was “mainly unprotected sex”. She was sexually experienced, and had sex with other men while seeing him. He contracted two STIs (genital warts and non-specific urethritis) from her.

Over the ages 15–18, Greg had “lots of one-night stands”, e.g. at parties and while binge-drinking, and he also had “just long periods with no sex”. Greg had his second relationship at 18, for at least four to five months. When they began having intercourse they used condoms, but they ended up having unprotected sex “a few

times". Greg contracted another STI, and later found his girlfriend in bed with another man having unprotected sex.

Greg had further "flings" or "one night stands" after leaving secondary school and while in paid work, and "a couple of peripheral sort of things that lasted maybe a week or two". He also had unprotected sex with two prostitutes, and with three to four prostitutes altogether. For example, with one prostitute in Canberra, they had intercourse twice, the first time without a condom. Greg says at one point that his one-night stands "have always been with condoms", but later he says that he had unprotected sex on a few of these, especially when drunk. Greg's sexual history also includes a once-off experience of sex with a male friend, in which they, while drunk, engaged in some kind of genital activity, without condoms, and including attempted anal intercourse.

Greg's most recent sex was while on holiday in Thailand eight months ago: a once off session of sexual activity with an older Thai woman with whom he shared a hotel room, involving protected intercourse and unprotected oral sex.

Jake

Jake is aged 22, and a university student living at Stromlo Hall. He is in his fifth and final year of an Economics/Science degree. He is also a Senior Resident on a particular floor of this residence.

Jake has had intercourse with 12 women altogether, and two relationships of more than three months in duration, with the longest being seven months.

Jake's sexual history shows an oscillating relationship to condom use. Of his two relationships, the more recent one last year involved condom use throughout. In the less recent one (three years ago), Jake and Margot agreed that they would use condoms, but she then went on the Pill, both had tests for STIs and they abandoned condoms.

Jake had occasions of condomless intercourse with four of the 12 women with whom he has had intercourse. The other three episodes were (in chronological order) in his very first intercourse at age 15, in Year 12 with a woman who he believed was on the Pill, and five years later in a one-night stand in Orientation Week of the year of interview.

Jake describes a transition regarding safe sex, which occurs roughly over the same period as the transition from Year 12 to first year, from unprotected intercourse at 15 and at the end of Year 12 to condoms in the middle of his first year

of university. He now sees condoms as “essential these days”, but especially for casual sex and the “beginnings” of relationships.

Jim

Jim is aged 20 and long-term unemployed. He lives in a “group house”, which is long-stay accommodation provided by the government. Before this, he was in youth refuges, and he says that he has been “on and off” the streets for the last three-and-a-half to four years. During the day Jim often ‘hangs out’ at the Westside Youth Centre, which is where he was recruited to be interviewed. Jim has completed schooling up to Year 11.

Jim was sexually abused by his mother when he was “young”. He lost his virginity at 12, with a girl who was also a virgin, and they have had sex several times since then. At perhaps 13, Jim had a sexual experience with another male, where they “went at each other”. He says, “I tried it once and no way!”. His “first kiss” was at 15, with a 20-year-old woman who also “taught me some very good tricks of the trade”. Jim’s “first girlfriend” was at 17, and this has been his longest relationship, at four months. Jim says that he hasn’t had a girlfriend for eight months, and this relationship went for six to eight weeks. He had a one-off sexual encounter about four to six weeks ago. The most recent sexual experience he describes was about a week ago, a one-off sexual encounter with a female friend involving genital sexual activity but not intercourse. Jim describes himself as a regular condom user: “I only do sex with condom”, and later, “Oh, I use ‘em every time I do it.” He has had intercourse without a condom, and contracted a STI from this, and has also practised withdrawal on at least one occasion.

Macca

Macca is a 19-year-old first year student at the Art School and a resident of Stromlo Hall. Most of his adolescence was spent in Rockhampton and Townsville, and after a year at TAFE studying visual art and design he moved to Canberra six months ago to begin a degree at the Arts School.

Macca has had sexual interactions with six or so women in his life (over the last five or so years), and he has had intercourse with only one of these women. These interactions varied in length from one night or a few days (the majority) to two months. Macca’s first sexual intercourse was about eight months ago, in a three-week relationship with the only woman with whom he has had sexual intercourse. Macca has only ever had sexual intercourse with condoms, he carries them and he intends to keep using them.

Nigel

Nigel is aged 20, and an Air Force officer-cadet at ADFA. He has had intercourse with only one woman, Ursula. His relationship with her began three months ago (at the time of interview), and it is significant enough for him that he bought her an “engagement ring” and he plans to live with her. However, this relationship was under threat at the time of interview, in that between the first and second interviews Ursula had said she wanted to break up for the moment. (The earlier history of the relationship is also shaky.) Nigel’s sexual history otherwise includes a number of short-term girlfriends in secondary school, but with no previous genital sexual experience.

Nigel has only used a condom for sex once, experimenting with his current girlfriend Ursula. Nigel dislikes condoms and sees no need to use them: Ursula is on the Pill, she is from ADFA where everybody is “screened” for STIs, and he trusts her.

Oliver

Oliver is aged 26, and an Asian Studies student residing at Stromlo Hall. He has had sexual relations including intercourse with 14 women. He has had seven sexual relationships, and he is in one at the time of interview.

The vast majority of the sexual intercourse Oliver has experienced has been without condoms, and either the woman was on the Pill or he practised withdrawal, or there was no prophylactic strategy whatsoever. This includes the brief or casual sexual relations Oliver had (including his first intercourse, with a Thai bar worker in Thailand when he was 16, and various one-night stands). Of seven casual or short-term involvements where intercourse occurred, all but two did not involve condoms. In one of these, Oliver and the woman began having intercourse with condoms and abandoned their use for further episodes. In the other, Oliver had protected intercourse with a sex worker in King’s Cross. Thus, in only one of his casual sexual involvements has Oliver consistently used condoms, and on this occasion, it was in the context of sex work where condoms are an almost uniform aspect of the exchange.

In Oliver’s seven regular relationships (ranging in duration from several months to two years), first intercourse in some involved condoms and in others it did not. In several cases, the woman then went on the Pill, and in at least five of the relationships both partners had HIV and/or STI tests prior to commencing sexual intercourse. In several other cases, condoms were abandoned or never used in the

first place, and Oliver relied on withdrawing before ejaculation.

Roger

Roger is aged 19, and a university student living at Stromlo Hall. He is doing a semester-long internship at Parliament House, which will complete his three-year degree from another University where he is studying Political Science and International Studies.

Roger has had intercourse with four women, all in short-term relationships or only several times, and he has had a few other relationships that did not involve intercourse. His first intercourse was at age 16 while an exchange student overseas. Roger “always” uses condoms for sex, and he has never had intercourse without them.

Ronald

Ronald is aged 19, and a second-year Naval Officer at ADFA.

Ronald has had sexual relationships with three women: a six month relationship with Julie in the last half of Year 11, a 14-month relationship with Lucy which began towards the end of Year 12, and his current relationship with Eve, which began six months ago. Ronald’s sexual relations with the last two women included intercourse. Ronald has had casual involvements with six or so other women, none of which included intercourse, as well as further sexual activity (including unprotected intercourse) with Lucy during his relationship with Eve. Ronald plans to marry and “settle down” with his current partner Eve.

The only time Ronald has used condoms for sex was in the first month or two of the 14-month relationship with Lucy, three years ago. This use was inconsistent in that on the occasion of their very first intercourse, they began having intercourse without a condom, and then Ronald put on a condom and they continued. Ronald and Lucy soon abandoned condom use, and had approximately three months of unprotected sex before Lucy went on the Pill.

In Ronald’s next relationship, in which he is still involved, his and Eve’s first sexual intercourse was unprotected. Eve then took the “morning after pill” and began taking the Pill, but in the four weeks it takes for the Pill to become active, they continued to have unprotected sex.

Scott

Scott is aged 23, and a fourth year Economics/Political Science student

residing at Stromlo Hall.

Scott's first intercourse was at 17. He has had intercourse with five women, and he has had a six month and a two year relationship. His most recent involvement was for several months, and he still sometimes has sex with this woman. He has also had various short-term involvements, including during one of these longer relationships.

Scott has only used condoms with one sexual partner so far, Kimberley, early in a two-year relationship prior to his partner going on the Pill and again later when she was experiencing Pill-related side effects and stopped taking it. In the periods when Kimberley was not taking the Pill, she and Scott also had a period of intercourse with no contraception or prophylaxis, and they went through a pregnancy scare here, and they also attempted a period of abstinence from intercourse.

Scott is primarily concerned about pregnancy rather than AIDS or other diseases, he has assumed that women are on the Pill or requested that they go on it, and he has risked both pregnancy and sexually transmitted infections. He found that condoms "kill the moment" and "didn't work very well". Scott believes that his peers "hate" condoms and that many people dislike them.

Tim

Tim is aged 21, and a Naval Officer at ADFA.

Tim has an extensive sexual experience, including episodes of intercourse with at least 16 and possibly up to around 25 women. He has had multiple episodes of casual sex and five sexual relationships. Tim currently is in a heterosexual relationship which began two years ago.

In the relationships about which I have the necessary details, condom use has been the exception to the rule, occurring in the beginning of or early in the relationship if at all. In Tim's first sexual relationship, in which his first intercourse occurred, condoms were not used and the woman was on the Pill. In his second relationship (with Naomi), they used condoms at first, and these were abandoned when she went on the Pill. Unfortunately, not enough information is available from the interviews to know what occurred in Tim's next two relationships, with Sylvie and then Nadine. In his most recent and still continuing relationship (with Lucinda), Tim's first couple of episodes of intercourse involved neither condoms nor the Pill. Tim and Lucinda then switched to condom use, and then to reliance on "the pull-out method" or withdrawal. Once early in their relationship, Tim ejaculated inside her

and she took the “morning after pill”. Later Lucinda went on the Pill. Tim contracted two STIs, genital warts and crabs, he thinks perhaps from a casual sexual episode while out of Canberra. At this point he and Lucinda did not have intercourse for 6–8 weeks. After this, Lucinda continued with the Pill, and Tim also uses withdrawal.

The interviews with Tim do not provide details of condom use or non-use for every single episode of intercourse he has had. There are some episodes of casual sex Tim mentions without providing details of their dynamics. His accounts do show that in his *recent* casual sexual history with five consecutive women, condoms were rarely used — only with one and perhaps two of the women. Tim says of the three remaining episodes that he did not ejaculate in two of them. Tim also gives a summarising comment on condom use in his casual sex, saying several times that “nine times out of 10” he would have worn a condom. While Tim’s recent sexual episodes do not conform to this claim, it may be truer for his casual sexual episodes taken as a whole.

Tristan

Tristan is aged 26, and a student at the Art School.

Tristan’s sexual history includes experiences of male/male sex, namely a one-off adolescent episode of receptive anal intercourse at age 13 or 14 and a short adult relationship focused on oral sex. He had his first heterosexual intercourse at 16, in his first sexual relationship, which lasted four or five weeks. Tristan has had six long-term relationships since then, as well as shorter sexual involvements of several weeks or a few months, with only short intervals in-between many of them. He has had heterosexual intercourse with at least 13 women. He contracted herpes in one of his relationships.

Tristan has used condoms only rarely in his sexual practice. In his two experiences of homosex, condoms were not used. His first heterosexual intercourse, and first heterosexual sexual relationship, were without condoms. In long-term relationships with Darrian and later Natasha, Tristan used condoms initially, and then shifted to withdrawal, and then also to the rhythm method in the former and to the Pill in the latter. In subsequent sexual relationships and involvements, condom use similarly was rare. Brittany, Tristan’s partner for about a year, was on the Pill. In Tristan’s recent long-term relationship with Shannon, they only used condoms once, and they relied on withdrawal and later also on the “rhythm method”. (In Tristan’s account, the “rhythm method” refers to periodic abstinence, involving either no intercourse or intercourse involving withdrawal, punctuated by periods of

intercourse in which intravaginal ejaculation is allowed.) In Tristan's most recent sexual involvement, which began only several weeks prior to the interview, he and his partner have used condoms throughout all but one of their occasions of sexual intercourse.

Looking at Tristan's condom use in the casual or short-term sexual relations which included intercourse, condoms were not used for his first heterosexual intercourse and the three or four subsequent sessions of intercourse over four or five weeks with this woman. During Tristan's long relationship with Darrian, Tristan had unsafe sex with several other people. The interviews do not provide information about condom use in his short involvements with Brooke, Giselle or Olivia, while a diaphragm was used for his three-month relationship with a housemate. Nor do the interviews show whether a condom was used for the one-off occasion when, during his relationship with Shannon, Tristan had sex with his ex-girlfriend Brittany. To summarise, in the casual sexual episodes about which I have the relevant details, condoms were not used in any of these.

Men wanted

ARE you heterosexual, male and aged between 18 and 30?

If you are, then you are invited to take part in a survey of men's sexual attitudes and behaviours and relationships with women.

Your privacy and confidentiality are guaranteed. Interviews usually take between one-and-a-half and two hours, and you will be paid \$15 an hour.

This is part of research by a PhD researcher at the Australian National University in Canberra.

If you are interested in participating, please contact Michael Flood.

Phone 279 8468 (work) or 242 0678 (home), or write to:

Michael Flood
Reply Paid 67
PO Box 26
Ainslie ACT 2602.

(No stamp is required.)

THE AUSTRALIAN NATIONAL UNIVERSITY
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8 September 1995

Dear

Thank you for your interest in taking part in this research project.

This research project is a survey of men's sexual attitudes and behaviours and relationships with women. This project is being undertaken by Michael Flood as part of a PhD at the Australian National University.

The following questionnaire is intended to find out some basic details about you. This information will then be used to choose a small number of people to take part in some in-depth interviews.

The only person who will see the answers you give is me. Your answers will be kept strictly **confidential and private**.

Please work through the whole survey. Please answer as honestly as possible. When you have completed the questionnaire, please post it in the envelope provided.

The final question in this questionnaire asks if you are willing to take part in some in-depth **interviews** about sexual health, attitudes, behaviours and relationships. If you answer "Yes", you will be contacted so that an interview can be arranged. Interviews will take about one or one-and-a-half hours, and will happen at a time and place that is convenient for you. Your confidentiality and anonymity will be kept. You may also be asked if you are willing to do a second, follow-up interview.

Thank you very much for being part of this research. I very much appreciate your help.

Yours sincerely,

Michael Flood.

Pre-selection questionnaire

1. How did you hear about this study?
 - Leaflet or poster
 - Advertisement in magazine, newsletter or paper
 - Friend
 - Other (please describe):
2. What is your age (in years):
3. In which country were you born?
 - Australia
 - Other (please write)
4. If English is *not* the language spoken at home, what language is spoken at home?
.....
5. What is your current yearly income (before tax)?
 - less than \$8,000
 - 8,000–12,000
 - 12,001–20,000
 - 20,001–30,000
 - 30,001–40,000
 - 40,001–50,000
 - 50,001–60,000
 - over 60,00
 - I don't wish to say
 - Don't know/not sure
6. What is your current labour force status?
 - Not in labour force
 - Unemployed
 - Part-time employment
 - Full-time employment
7. If you are employed, what is your occupation?
8. What is your religion?
 - None
 - Anglican (Church of England, C of E)
 - Catholic
 - Protestant
 - Jewish
 - Muslim
 - Buddhist
 - I don't wish to say
 - Other (please describe)

9. What is the highest level of education you have reached?

- Some primary school
- Some high school
- Year 10/school certificate/leaving certificate
- Year 12/Higher School Certificate
- Trade certificate
- University degree or some university education
- Don't know/not sure

10. Are you in a relationship or married at the moment?

- Yes. (If you ticked this one, how long have you been in this relationship? years months)
- No
- Don't know/not sure

11. Have you ever fathered children or made a woman pregnant?

- Yes
- No
- Don't know/not sure

12. If you were asked how you identify or describe yourself sexually, how would you answer?

- Heterosexual
- Gay/homosexual
- Bisexual
- Queer
- Other (please describe)

13. In the last six months, have you had sex with a woman or women? (This could include oral sex, masturbation, vaginal intercourse or anal sex.)

- Yes
- No
- Don't know/not sure

14. Are you willing to take part in an in-depth interview about sexual health, attitudes, behaviours and relationships?

- Yes (If yes, please fill in the form provided.)
- No
- Unsure — please send more information.

If you ticked “Yes” to question 14 above, you will be contacted to arrange an interview.

NOW, please put this sheet in the envelope provided and post it. No stamp is needed.

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE.

FILL IN THIS FORM ONLY IF YOU ARE INTERESTED IN AN INTERVIEW.

Code Number (Researcher's use only):

Yes, I would like to be involved in an interview at a later date.

Name:

Address:.....

.....

Phone number:

NOW, please put this sheet in the envelope provided, along with the questionnaire, and post them. No stamp is needed.

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE.

Information for potential participants

Purpose of the study

This research project focuses on heterosexual men's sexual attitudes and behaviours. It is intended to produce information on attitudes and sexual behaviour among heterosexual men, and in particular, on the practice of safe and unsafe sex. This information will be used to improve our understanding of sexual behaviour and sexual practice, and to develop HIV/AIDS educational materials directed at heterosexual men.

Background to the study

This research project is being undertaken by Michael Flood as part of a PhD at the Australian National University. The project is funded by a Commonwealth AIDS Research Grant from the Commonwealth Department of Human Services and Health.

Interviews

This interview will last for between one-and-a-half and two hours.

You are free to withdraw from the interview at any point. You are also free to decline to answer particular questions.

Confidentiality and privacy

This interview is confidential and private. Your identity will be kept entirely confidential. The researcher (Michael Flood) is the only person who will see the interview records. The information will not be discussed in any way that could identify you.

(To ensure confidentiality, each interviewee is given a code number. The list of interviewees and their code numbers is kept in a locked filing cabinet.

The interview tape and the typed-up transcript only carry your code number, and not your name. Interview tapes and transcripts are stored in another locked filing cabinet.)

The identity of any people you name in the interview will be kept totally anonymous.

Finally, when the results of this study are reported, enough detail will be left out or changed so that you and other people can not be identified.

Statement of consent

By my signature below I give my informed and voluntary consent to participate in a study of sexual attitudes and behaviours, conducted by Michael Flood. I have read and understood the above guidelines.

Signature:

Name:

Interview schedule

Setting-up procedures

Before the interview, assign each interviewee a code number.

1. Thank the participant for his time. Say how much I appreciate this.
2. Give the participant the “Informed Consent” sheet. Ensure that he has read and understood the guidelines. Ask if he has any questions. Invite him to sign the form.
3. Set the tone and establish rapport. State to the interviewee;

I am present not to judge or to educate, but to listen and understand.

There are no right or wrong answers to my questions. In this interview, you are the expert and teacher.

I'd like to you to take your *time* in answering and talking. Give as much detail as you can. And use your own language. Feel free to use people's names. (They won't appear in anything public.)

Also feel free to swear, to be crude. I want you to use the language that you use *normally*, when thinking about this stuff yourself or when talking about it with your friends or partners.

4. Start the tape recorder.

5. Begin the interview schedule.

Material in square brackets is unsaid.

• Reasons for participation

How come you decided to participate in this study?

• General biographical/life history information

Tell me a bit about yourself.

Where did you grow up? Who with? (Family history)

What kind of schooling?

What work have you done?

Any religious or spiritual involvement?

What does a normal week look like?

Who do you hang around with? How often do you see them? What do you do?
[And make sure you ask about both male and *female* friends.]

• Sexual history

What are the first sexual experiences you remember?

[Get the participant to take you through his whole sexual history. Get his “first sexual experience”, and then go back and ask more.]

First kiss?

First girlfriend?

First intercourse?

Importance of this?

Ever seen a prostitute?

Sexual experience when he was very young, eg at primary school. Then at high school/college. Then after this/at university, and up to the present.

• Relationships

Are you in a sexual relationship or married at the moment? Tell me about this

[Get an account of its history and character. If he is not in a relationship, then ask about the last time he was, or the last time he had sex with a woman.]

How did this relationship start? Have you ever ‘picked up’ or tried to pick up a woman? How did this happen? Have you ever been picked up?

What is this relationship like? What do you like? What is hard or difficult?

Is sex an important part of this relationship or an unimportant part? What sorts of sex do you have? How often do you have sex?

Do you ever talk about sex with your partner? [here, *outside* sexual activity itself]

Have you ever discussed your sexual history with your partner? What about her sexual history? What did you learn from this?

Did you ever talk about what you liked doing in bed? What felt good or bad. Did she?

(Feelings, relationships) Do you talk about your feelings with your girlfriend? Do you talk about them with your friends?

Are relationships important to you? What do you like about relationships? What do you dislike?

What about “love”?

Are you wanting to settle down with someone?

Have you had sex outside or apart from this relationship?

Do you see any changes in your sexual relationships over time? Does sex mean different things to you now?

• **Social relations, peers, etc.**

Do you talk much with others about your sex life, about problems, or about your relationships in general? With who? What do you talk about?

Do people joke around, or muck around, or boast or whatever, about this stuff?

Does having a relationship have any effect on your friendships (with men or women)? Do your friendships have any effect on your relationship? How do your male friends see it when you’re going out with a woman?

Is there ever any tension between seeing your girlfriend and seeing your friends/mates?

Does it make any difference to them if you’ve had sex with only one or two women, or with none, or with a lot? [I.e., how much sexual experience you’ve had]

Do the other guys want relationships? Where are they ‘at’ with relationships?

Is there any sort of difference between what a guy might tell everyone, what he might tell his mates, and what he might think or do for himself? What about for you? [I.e., one on one, versus in a group]

What about your *female* friends? What do they think about sex, relationships, etc.?

Do the guys behave differently when it’s just all guys, compared to when it’s a mixed group or there are women present?

Have you ever exaggerated or lied about sexual experiences or relationships?

• **Masculinity**

What do you think makes a good boyfriend or husband?

What do you think makes a good girlfriend or wife?

What do you think makes a good friend or mate?

Is there anything that you think the people around you [or your community or your friends] expect in a man/male?

Girls

Guys

How do you feel about this? Do you feel like you measure up to these expectations?

Do you think that things between males and females are changing? If so, how?

What do you think about feminism?

One phrase that's around is "sensitive new age guy" or "snag". What does this mean to you?

• **Definitions of 'sex'. Bodies and penises**

Of all the things that two people can do sexually with each other, is there anything that you enjoy the most? What gives you the most pleasure?

Is there anything you don't like or wouldn't do?

• **Control and responsibility**

Does it ever feel like you 'can't stop yourself' or that you can't control what you do when you're with a girl?

Do you generally feel in control of yourself when you are being sexual with someone?

• **'Sexual technique', notions of masculine expert knowledge**

Have your attitudes towards sex changed over time?

What about your knowledge of how to have sex?

Since when you first started having sex? (eg, do you know more? What have you learnt?)

Have you ever felt inadequate or ashamed?

- **Being initiatory and active, or being receptive and passive**

Sometimes people prefer to take the initiative in sex, to direct what happens, while sometimes people prefer to let things happen, to let the other person take the initiative. What about you?

- **Consent and coercion**

When a woman says “no”, what does it mean or how do you take it?

Do you think you have ever pressured a girl into sex? Have you ever tried to persuade someone into sex when they were unsure or resistant or said no? Have you ever forced anyone into sex?

Have you ever felt pressured yourself into doing something you didn't want to do or weren't sure about doing?

- **Monogamy and trust**

Have you ever been unfaithful? Has a girlfriend ever been unfaithful?

One issue that sometimes comes up in sex or in relationships is monogamy or faithfulness. Has this been an issue for you? [You may have to define this—whether to only have sex with one person, to be faithful to one person, or to be able to have sex with more than one person.]

Among your friends, is it as bad for a guy to be unfaithful as it is for a girl to be unfaithful?

- **Drugs and sex**

Do you often use alcohol or other drugs during or before having sex?

- **Fathering children**

[I know from the questionnaire whether they've ever fathered children or made a woman pregnant. If they have, then ask:]

Could you tell me about this?

• Condoms

[The order of this material may be all over the place, depending on how it is brought up by the participant.]

What do you feel about condoms?

Tell me about your experience with condoms. First time? Most recent time?

Have you ever used condoms during sex? What is this about? Why were you wearing one?

Who provided the condom? Who started the process of a condom being used? How was that handled? How did you respond? Who put it on?

How do you feel about condoms? Does it make any difference to you whether to have sex with a condom or without one?

Resistances to condom use: What *don't* you like about condoms? What discourages or stops you from using condoms?

Encouragements for condom use: What do you like? What encourages you to use condoms? What do you appreciate? How does their use benefit you?

Is it a man's or a woman's responsibility to provide condoms?

What do you think about *women* carrying or bringing condoms? And women suggesting or initiating their use?

[Then go into all the material about both STDs, HIV/AIDS and contraception/pregnancy. Play this by ear in terms of the order in which you address these various issues.]

What does the phrase "safe sex" mean to you?

What does the phrase "unsafe sex" mean to you?

Is safe sex an issue in your relationship? How has this come up?

Have you ever been asked to use a condom, or to do something to stop HIV or pregnancy?

Is this 'safe sex' about contraception, or preventing STDs, or preventing HIV?

Do you see yourself as someone who is 'good at safe sex', someone who is responsible?

- **Sex without a condom (unsafe sex)**

What about sex without a condom? Have you ever done this? How did it happen?

- **Changes over time**

[Asking about the current/most recent relationship] Have there been changes over time in the ways you've dealt with contraception and safe sex? Have you changed methods or anything else?

Changes in attitudes to...?

- **Negotiation**

Have you ever yourself suggested using condoms. Have you ever been the one to raise it or mention it?

Have you ever been in a situation where the girl wanted to talk and you didn't? Have you ever been in a situation where you wanted to talk and she didn't?

What *kind* of talk about sex or related things happens? (eg, when, what about, etc)

- **Friends/peers etc and condoms**

Do you think that most of your friends do the same thing?

Do you feel like there are any expectations on you about condom use?

- **HIV/AIDS**

One of the things that is mentioned in the media these days is AIDS. What do you know about this?

Have you ever worried about getting the virus that causes AIDS?

- **Shifts in sexual practice & relations in relation to HIV/AIDS**

Has your knowledge of HIV/AIDS led you to make any changes in *what you do*, or in *who* you do it with? Has that been an issue for you?

[Eg, changes in **sexual activities**: Masturbating alone, Reading/watching porn, Using condoms, Mutual masturbating, Sensuous touching, 'Safe sex' with regular partner]

For you, has awareness of AIDS led you to make any changes to your sexual relations?

[Eg, changes in **sexual relations**: Cutting down on sex generally, Avoiding sex with certain individuals, Changing the sorts of women I pick up, Changing the places I pick women up, Avoiding sex with prostitutes, Reducing number of sexual partners, Becoming monogamous, Asking partner to become monogamous, Avoiding sex with antibody positive people [assumes HIV-], Avoiding sex with people whose antibody status is not known, Avoiding sex with antibody negative people [assumes HIV+].]

• **Non-condom forms of safe sex**

Apart from using condoms, do you know of other ways of avoiding transmitting the HIV virus? What about other ways of preventing pregnancy? Have you ever tried these?

[Eg, for preventing HIV transmission: Not having any intercourse, Withdrawal, Oral sex, Mutual masturbation, etc.]

Could you imagine using condoms with a long-term partner?

There's this message in some AIDS education that when you're in a relationship with someone, you should still always use condoms, because you can't necessarily trust them. What do you think of this?

• **Contact with the AIDS epidemic**

One of the things I'm interested in is what sort of contact people have had with the AIDS epidemic. Can you tell me about this.

Eg, Have you seen any AIDS education materials or campaigns? (eg ads, stickers, posters, etc) Do you know anyone who has AIDS or is HIV-positive? Do you know anyone who has died from AIDS? Have you had an HIV test (an "AIDS test") or been tested for STDs? Have you been involved with the care or nursing of people with AIDS?

• **Contact with gay men and gay community**

One of the things I'm interested in is how much contact heterosexual men have with gay men and gay communities. Could you tell me what sort of contact or awareness, if any, you have with gay men or gay communities? For example:

Friends or acquaintances

Going to gay or lesbian places (bars, discos/clubs, bookshops, private parties)

Magazines, newspapers and books

Films and plays

Do you know anyone who injects drugs? Have you ever done this? [Not counting diabetics etc.]

• **Sex with boys/men**

Do you think that many boys and men who don't identify as gay/homosexual have had sexual experiences with other boys or men? What about among the men you know? And then, what about you?

• **Ideas regarding policy and education**

The research among heterosexual people in Australia suggests that, while there's a high level of awareness and knowledge of HIV/AIDS, there has been little change in people's behaviour. How would you explain this?

How do you think we could encourage heterosexual men to practise safe sex? (e.g. to wear a condom, to avoid intercourse) What gets in the way of this happening? What would need to change for this to happen?

• **Things you may have left out**

Is there anything you've left out that you'd like to say?

I know that people sometimes don't tell the whole truth or lie about some things in the interview. If you did this, would you like to say where you did it?

• **How was it?**

What has it been like to do this interview?

Was there anything that you found hard or difficult?

• **2nd interview possible?**

I may want to do a 2nd interview. In principle, would you be happy to be interviewed again?

Safe and unsafe sex

Safe sex involves practices which do not allow the transmission of bodily fluids such as blood, semen and vaginal fluids from one sexual partner to another. Safe sexual practices include dry kissing, wet or deep kissing, caressing and body-rubbing, penis-vagina intercourse with condoms, anal intercourse with condoms, mouth-penis oral sex with condoms, mouth-vagina oral sex and mouth-anus oral sex with dental dams, masturbation and mutual masturbation, being urinated/defecated on or urinating/defecating on one's partner (except where this is into orifices or onto open wounds and skin rashes), digital stimulation (fingers or fists in the anus or vagina), sensuous touching, and sadomasochistic practices without blood. It also includes such non-contact sexual practices as exhibitionism, voyeurism and phone-sex.

Unsafe sex includes penis-vagina intercourse without condoms (whether with ejaculation or without), anal intercourse without condoms (whether with ejaculation or without), mouth-penis oral sex* (whether with ejaculation or without), mouth-vagina oral sex*, mouth-anus oral sex*, digital stimulation if accompanied by internal bleeding or skin damage*, sharing enemas or sex toys and equipment that go inside the body, break the skin or have bodily fluids on them, and sadomasochistic practices with blood. However, those behaviours marked with an asterisk (*) are seen by some authorities as “slightly risky” or “low, but not no, risk”, and their safety is influenced for example by the presence or otherwise of wounds, cuts and abrasions. There are currently debates among AIDS educators over the safety of mouth-penis oral sex and other practices (Grulich, 2000; Richters, 2000), and it is not a goal of this research to resolve them.

All sexual contacts involving an exchange of bodily fluids carry a risk of HIV infection, but there is a gradation in risk, with unprotected receptive anal intercourse most risky (for both men and women) and unprotected insertive vaginal intercourse less so (Crofts, 1992: 30). Also, other things being equal, sexual transmission from male to female seems to be more efficient than from female to male (ibid; Doyal, 1994: 13).

The HIV-related safety of sexual relations between two (or more) sero-discordant individuals — in other words, the probability of HIV transmission — is also affected by the stage in viral progression of the HIV-positive partner; the virulence of the infectious dose; the concentration of infectious particles in the donor fluid, the type of particle (free virus or infected cell) and the route of entry (into a vein or through mucosal walls); the presence of cuts, abrasions and sores,

STIs and other gynaecological abnormalities involving genital ulceration (such as *Herpes simplex*); trauma-induced bleeding during sex; female circumcision; lack of male circumcision; hysterectomy and pregnancy; menstruation; the use of intra-uterine contraceptive devices; the effects of malnutrition; and the health of the HIV-negative partner's immune system (Crofts, 1992; Padian, 1990; Johnson & Laga, 1990; Rowen & Carne, 1990; Panos Institute, 1992). Finally, the probability of sexual transmission between an HIV-positive person and an HIV-negative person is affected by the frequency of unsafe sexual practices and duration of the relationship (Rowen & Carne, 1990: 240).