# B&G HALEWID

1st of December 2020

Issue 21

ecember 2020 Weekly Newsletter  $^{ ext{ iny IB&G}}$  acknowledges the Ngunnawal and Ngambri peoples, the Traditional Custodians of the land we occupy. We would like to pay our respects to Elders past and present, and extend that respect to Aboriginal and Torres Strait Islander students and residents. We honour the continuing cultural and spiritual relationships the local mob have to the region. We recognise Aboriginal and Torres Strait Islander students' rich contributions to the B&G community.'



#### OFFICE CLOSURES

The office will open at 11.30am on Wednesday 2nd of December due to the office meeting.

#### XMAS FOOD DONATIONS

There is now a box in B Bar to collect non-perishable/ unopened food items to be donated to the Communities @work Christmas Appeal and regular food drive. See Pg 4 for more details!

#### CHECK OUT FORMS

Please remember to not hand in your checkout forms before you check out! When you do this, your access is removed. Please only hand them in when you are actually checking out.

#### **ANNOUNCEMENTS AND REMINDERS COVID IS STILL WITH US**

As the events in South Australia remind us, COVID has not left Australia. An outbreak can occur very easily and very quickly. Please do not become complacent. Please continue to physically distance from one each other. Please keep up your hand hygiene. If you feel sick, you must let the hall know so we can help you organise testing. We will then work with you to obtain alternate accommodation until your test results come back. If you're travelling, please remain vigilant and safe. It's not just about you and your health. It's also about the health of everyone with whom you come into contact.



#### **Check Out** 16th of December, 10am.

SR Check Out 17th of December

#### ANU & ACT

Please note that most ANU events are online for the foreseeable future.

#### Music on the Greens

Various times, Saturdays and Sundays until 27th December at

#### **Histories of Communicating** Science Beyond the Recent West

2nd of December, 12.00-1.30pm

#### Highlights from the ANU Art Collection

3rd to the 20th of December.

### GROUP PROGRAM OPEN FOR REGISTRATION: SOCIAL CONNECTIONS

Tuesdays: 1 December, 8 December, 15 December and 22 December, 10.00am-11.00om AEDT.

Did you know that positive social connections improve our health, well-being & longevity? Come along to one or all of these sessions to learn and practice ways to improve your social network and relationships.

You will have a chance to meet new people and have conversations with other students during the meetings.

Register to receive email reminders and the weekly zoom link, but there is no need to commit for the full series.

Week 1: Meeting people -trading information, finding things in common, identifying sources of friends.

Week 2: Increasing your social confidence -initiating and exiting from conversations, managing shyness.

Week 3: How to deepen your friendships

Week 4: Handling disagreements and boundaries

Presented by Michelle Linmore - Register Here (The link opens an online form)

# B&G COMMUNITY NOTICEBOARD

SWEATSHIRTS
Embroidered B&G
Sweatshirts now
available at
\$\ightarrow{\sqrt{pidies}}\$





## LIBRARY WORKING BEE(&G)

The Academic Team would like YOUR HELP with rearranging the books in the library according to genre and cataloging the books into an ONLINE DRIVE for easy access in the future.

Click here for info and form!

# FOUND

Wallet in the smoking area.
Please see banter post for details!

#### FOUND

Notebook and Binder
(EMET2007) found in B
Bar. Please come and
claim them from the
office if you'd like them
back!

Have something for the noticeboard? A cute note for a friend, a congratulations, a found item? Email it in to enquiries.bg@anu.edu.au!



# CHRISTMAS FOOD DRIVE

Tomorrow you will notice a box placed at the entrance to the kitchen to collect non-perishable and unopened items which will be donated to the Communities@work Christmas Appeal and regular food drive. Lists are attached below with the recommended items so when you are clearing out your cupboard to head home over the summer please drop any items that fit the brief. Also if you are doing your shopping, feel free to grab a couple of extra items to add to the donation. The box will be monitored so PLEASE don't remove items (it's going to people in need over the Christmas period).

All the items will be collected and donated at the end of contract on the 16 December.

# PLEASE DONATE:

#### **Everyday Meals**

Rice

Cous Cous

Flour: Plain, Self raising.

Besan, Atta

Chickpeas

Lentils

Instant Noodles

Cooking Oil

Pasta/Pasta Sauce

Packet Soup

#### Tinned Food

Tinned Vegetables Tinned Fruits Tinned meat/fish Tinned soup

#### Baby Needs

Baby Formula Large Nappies Wipes/Creams

#### Drinks

Coffee/tea/hot chocolate Juice

#### Cleaning Products

Dishwashing Liquid Laundry Powder Disinfectant

#### Spreads

Vegemite/Honey/Jam

#### Breakfast

Long Life Milk Soy/Almond Milk Cereal Sugar

#### Hygiene and Toiletries

Toilet Paper Tissues Toothbrushes/Paste Soap/Liquid soap Shampoo/Conditioner Tampons/pads

Deodorant

# Pet of the Week PUPPIES

Feast your eyes on these gorgeous freshly minted puppies, straight from our wonderful CC Nat to your heart.



## Animal Fact:

Dogs noses are wet to help absorb scent chemicals!



#### **Miscellaneous Items**

#### **Food Theft**

We have received reports of increased food theft. This is not acceptable behaviour. If you are found stealing food from other residents, you risk having your contract terminated. If anyone is having financial difficulty, please contact Jamiyl at Jamiyl.mosley@anu.edu.au.

Please lock your fridge baskets as an extra precaution. You may also purchase a lockable <u>freezer bag</u> from the front desk.

#### **Sanitary Bins**

Contractors have advised of an increasing practice of the sanitary bins in the toilets being used as garbage disposals. Please do not put general waste in the sanitary bins. Please be considerate of the contractor whose job it is change the bins over.

#### **Vacuum Usage**

Vacuums can be signed out from the front desk between **9.30 and 3.30pm** during office hours as per our COVID-19 Response plan. As a reminder, please do not use the vacuum to vacuum up water and please do not clean out the inside of the vacuum cleaner with water. The vacuum cleaner will be inspected every time it is returned to the office, and if it is found to have been damaged or waterlogged, the person responsible will be billed for the cleaning or repair.

#### **Hall Security**

Please do not let anybody into any part of the Hall that you do not know. We are currently in lockdown, which means that nobody from outside the Hall is allowed in without seeking permission. There are also safety and security concerns about letting strange people into the Hall that you do not know. If you do this, you risk the Hall being shut down for non-compliance with ANU mandated regulations.

#### **E-Scooter Safety/Legal Requirements**

Please find important information on the website below regarding your legal requirements when using an e-scooter and how to keep yourself safe.

#### **Website**

# **COVID-19 INFORMATION AND NEWS**

#### PHYSICAL DISTANCING AND ALCOHOL POLICY

As a reminder, alcohol can only be consumed in your rooms or in the Redbacks lounge during Spiderbites canteen hours.

There are only 2 people allowed in standard residential rooms. SR rooms and flats can have up to 4 people in them at one time due to the larger spaces. There is a 1 hour time limit for this number of people to be present. Please ensure windows are kept open to improve airflow if possible. You will be notified if that changes. Violations of these policies may result in immediate termination of your residential contract. If you would like to drink in common areas with groups of people, please cancel your contract and move back home. There is no flexibility with this. Do not put the people who are tasked with enforcing this policy in an awkward position. That is not positive B&G behaviour. I don't want to send people home, but I will. And the truth is that it will be you sending yourself home.

-Jamiyl, the Head of Hall

#### **COVID-19 UPDATES**

Cleaning supplies will be provided at each kitchen bay. You must clean off any communal object that you touch with the spray and paper towels provided (e.g. microwaves, toasters, sandwich presses, fridge /freezer handles, etc.

You must sign into and sign out of any remaining common spaces that are open using a QR code on the door. Thank you for continuing to sign in at all common spaces even if you're just stopping by for a few minutes.

If you are experiencing distress because of concerns you have about COVID-19 and the impact it is having on you personally, economically, etc., please contact Jamiyl for assistance at

Jamiyl.mosley@anu.edu.au

You can also use resources listed on the page linked below.

<u>Looking after your well-being</u>

#### **MASKS**

ACT residents, particularly those unable to physically distance in their daily work or daily activities, are now encouraged to prepare for a time where wearing a face masks becomes another part of how we respond to the threat of COVID-19. Please begin to consider how you can source reusable masks. You should have at least 2 so you can wear one and wash one. You should wash them in hot water. Unfortunately the hall cannot supply these masks to you.

You can find some great templates and tutorials online like this one.

#### **COVID-19 COMPLIANCE**

All residents have received an email outlining the compliance measures currently in place at the hall. All residents must comply with these measures to remain eligible to live at the hall. Regular inspections are carried out by both B&G and non B&G staff.

If residents at B&G are not willing to comply and repeated non-compliance incidents occur, B&G could be shut down. Please be mindful of the current compliance rules and keep Covid safe.

#### KITCHEN SPONGES

As you may have noticed, the kitchen scrubs have been removed. This decision was reached for safety purposes as communal scrubs and sponges can spread germs more easily.

We ask you to source your own scrub or sponge and to store it inside your cupboard. Please make sure that you rinse and wring it before storing it. Scrubs and sponges scattered around the kitchen will be removed to avoid communal use. Your cooperation is important in keeping our community safe.

Spiderbites is selling sponges for \$1 to make it easy for residents to source their own

# APPLY NOW!



# ANU ORCHESTRA AUDITIONS

2021

Housed at the ANU School of Music and conducted by Canberra's Max McBride, the ANU Orchestra is a chance to play with the best music students at ANU, as well as professionals from the Canberra Symphony Orchestra.

Applications are open to all ANU students, including Alumni up to 5 years after graduating, plus musicians in the community from 16 - 26 years of age.

AUDITIONS WILL BE HELD DURING O-WEEK 2021

AUDITION ELIGIBILITY, REQUIREMENTS AND APPLICATION:
BIT.LY/ANUORCHESTRA Link Here

## HALLWIDE SUBMISSIONS

Do you have something that you would like to be featured in this newsletter? Perhaps a pet of the week or a terrible dad joke? An item for your club, or a reminder for an event? Please email enquiries.bg@anu.edu.au to submit items for the next weeks newsletter. Please submit items by Monday night for inclusion into the Hallwide on Tuesday!







Q: When is a door not a door?

A: When it's ajar!















**ANU summer programs & activities** 

**DECEMBER 2020 - JANUARY 2021** 

Looking for something to do over the summer break?

Come along to free activities, professional development courses and programs provided by ANU Summer Connections. ANU Summer Connections programs are aimed to engage ANU students during the break. Expand your network through social events, upskill through professional development programs or take credit-bearing courses that can count towards your degree!

Head on to their Facebook page for more information and updates.

# **Embroidery Craft Workshop**

Wednesday, 16 December 2020 from 19:00 - 21:00 Marie Reay Teaching Centre (Building 155), Superfloor, 155 University Avenue, Canberra, ACT, 2601

Rosie will teach you some of her favourite embroidery techniques to decorate and personalise your own design.

This workshop is brought to you by Kambri at ANU "Here I am" series and ANU Summer connections by ANU thrive team. This event is open to both ANU Students and the Canberra community. You will be provided with a piece of fabric (54cm x 22cm), an embroidery hoop and needle. Rosie will provide scissors, pencils, fabric markers, measuring tape and threaders, so you don't need to bring a thing! At the end of the class, you will leave with your own embroidered linen piece of cloth and the knowledge of three fundamental embroidery stitches



# What's on in DECEMBER social events and seminars

Embroidery Craft Session | 1st December

A Gender Institute Celebration of Women and the Arts | 2nd December

Film screening- Her Story Her Sound (2019) | 3rd December

Managing your money | 4th December

Music on the Greens: Leisa Keen | 5th December

TEDxCanberra: Imagine | 6th December

Movie Night: Happy Sad Man | 7th December

Oil Pastels workshop | 8th December

Cooking at B&G | 9th December

Bye Shy, Fly High! With Kayley Chu | 10th December

Film screening: Finding Vivian Maier (2013) | 10th December

Film screening: Marina Abramovic: The Artist is Present (2012) | 11th December

Music on the Greens: Australian Girls Choir | 12th December

Music on the Greens: Dana Hassall | 13th December

Feast of Strangers | 15th December

Embroidery Craft Session | 16th December

Christmas Baking and Decorations | 17th December

Film screening: Camille Claudel (1988) | 18th December

Music on the Greens: Australian Girls Choir | 19th December

Music on the Greens: Sophie Rainbow | 20th December

Understanding Gambling webinar | 21st December

You Can Ask That trivia | 22nd December

#### **GUEST POLICY**

As a reminder, you should not have any guest who is feeling sick and/or has recently been in contact with a confirmed case of COVID-19.

Below you will find the guest nomination form. Once you have submitted your request, you must wait for an approval message before your nominated guest can visit you. Your nominated guest can still only be in your room and the bathroom on your floor. They may not enter any other interior common spaces at the hall.

Find the form here

#### B&G BURSARY/ ANUSA SUPPORT

The B&G bursary (separate from the Accommodation Services bursary) is still open. If you'd like to apply, please email Jamiyl at Jamiyl.Mosley@anu.edu.au.

Please contact ANUSA if you need financial assistance to help get back home <u>here</u>.

#### INWARD BOUND

The B&G Running Club is a fantastic part of the B&G Community. Even if you're not really a runner or into hiking or bushwalking, you could discover a new interest, get some outdoor time, and make some new friends.

#### **Facebook Link**

If you are into running, walking or hiking already, come and join B&G's Strava group! Strava is an app that logs your runs, walks and hikes.

#### Strava Group

#### DIRECT DEBIT WEEK AND THE DISHONOUR FEE

A reminder that if you are on a direct debit and your direct debit bounces due to insufficient funds in your nominated account, you will be liable to pay a \$30 Direct Debit dishonour fee in addition to your accommodation fee. If your account rejects you will need to call the office to pay for your outstanding accommodation fee using your credit/debit card details or by completing a credit card payment.

Please see below for the dates of upcoming payments.

Direct debit date	Covers fees	Covers fees	Amount
	from	til	
Thu 15/10/2020	Wed 14/10/2020	Wed 28/10/2020	\$468.00
Thu 29/10/2020	Wed 28/10/2020	Wed 11/11/2020	\$468.00
Thu 12/11/2020	Wed 11/11/2020	Wed 25/11/2020	\$468.00
Thu 26/11/2020	Wed 25/11/2020	Wed 09/12/2020	\$468.00
Wed 10/12/2020	Wed 09/12/2020	Wed 16/12/2020	\$234.00
2020 Sem 2 & Full Year			Sem 2 & Full Year Residents
Contracts Ends			
16/12/2020			



#### LEAVING YOUR BIKES AT B&G DURING SUMMER

During the summer break residents that are returning to B&G have the option to leave their bikes on site. However, it is the resident's responsibility to ensure that the bikes are registered and secured with a bike lock and ideally placed in the bike sheds. The bike sheds provide a bit more security, however they are not guaranteed to be fully secure or thief proof.

Burton and Garran Hall and the ANU are not liable or responsible for bikes that go missing or stolen from the premises. Residents may use the facilities at their own risk. Residents are encouraged to obtain insurance for their bikes, especially if your bike is very highly valuable.

If you are intending to leave your bike during summer please ensure that the bike is registered with the office. Please click on the <u>link</u> and it will take you to the bike registration on-line form.

# MAINTENANCE AT BEG

While you are at B&G, you will more than likely need to log a maintenance request, either for something in your room or something in a common space. Things you can and should log;

- Lights that are not working (either inside your room or in the common areas).
- · Clogged or leaking sinks
- Broken, blocked or leaking toilets
- Showers that are not functioning correctly
- Door locks that are not working (non-room/block doors)
- Hot/cold water and water pressure issues
- Broken windows, window latches, or flywire.

- Appliances in the shared areas not working correctly (eg. microwaves, ovens, toasters, washing machines, dryers).
- Broken furniture in your room or in the Hall.
- Power outlets not functioning (in your room and in common areas).
- Problems with your kitchen cupboard or fridge basket
- Other items you find always email enquiries.bg@anu.edu.au if you are unsure.

There are also a couple of jobs that are considered urgent. If you find any of the below, you should report the issue immediately to the office or to the duty student.

- Roof leaks
- Bad water leaks from anywhere
- Your room or block doors not shutting or locking correctly
- A smell of natural gas (rotten egg smell).

- Any electrical issues which involve sparks or smoke
- If you are worried that something is an emergency but are not sure, contact the duty student or the office straight away to ask.

# LOGGING A MAINTENANCE REQUEST

To log a maintenance request, go to the redbacks.org website and to the section entitled "maintenance request". Here you will find a link that will take you to the portal to log your maintenance request.

You will need to log in here with your university ID number and your password. Then, navigate to the "maintenance" tab at the top of the page.

HOME REGISTER

Username: Password: Log In Register

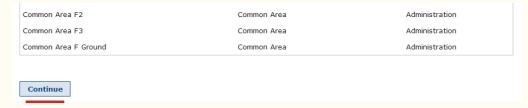
Remember Login Forgot Password?

HOME APPLICATION ACCOUNTS MAINTENANCE INVENTORY UPDATE DETAILS CHANGE PASSWORD

The form will ask you to choose either a "Room only" job or a "Common area" job. Please choose whichever applies and click "new job", which is located towards the bottom of the page.



If your job is for a common area, you will be asked to select the room space in question - e.g., the Laundry, or the Central Kitchens. After this, click 'continue', and it will take you to a section to fill in the details of the job.



If you are logging a job for your room, it will take you directly to the section for the details of the job.

Please always remember to click "Save and Continue" when you have completed your maintenance request. If not, your job will not be submitted and passed onto the maintenance staff.

While logging the details of your job, please be descriptive but brief. A good example would be - "Light bulb above sink not functioning" or "Kitchen bay Y Microwave will not turn on".



#### ANU CRISIS HOTLINE

This hotline is available to anyone within the ANU community who needs to speak to someone, 24 hours a day.

Phone: 1300 050 327 SMS: 0488 884 170

#### **BEYONDBLUE**

beyondblue aims to increase awareness of depression and anxiety and reduce stigma. Call 1300 22 4636, 24 hours / 7 days a week.

#### LIFELINE

Lifeline provides 24-hour crisis counselling, support groups and suicide prevention services. Call 13 11 14.

# Useful Numbers

 Front Office
 ---- 6184 0000

 Duty SR
 ---- 6184 0040

 ANU Security
 ---- 6125 2249

 Emergency
 ---- 000

 Non-Emergency Police Assistance
 ----- 131 444

HK

