ABSTRACT
This paper presents a conclusion to the meaning of the historical diagnosis "general paralysis of the insane" in nineteenth century Victorian Registrar General’s reports. Most studies suggest that in the past the diagnosis refers to neuro-syphilis, and while after 1906 this is not disputed, this paper will show that the diagnosis had a much broader meaning incorporating many forms of degenerative brain disease during the study period (Victoria 1886 to 1906). It is acknowledged, however, that the use of this diagnosis may have varied dramatically in the past based on a doctor’s education and/or background. This conclusion has been arrived at by analysing both government and general hospital records on the Australian, Victorian population. This paper also presents methods for determining the meaning of obsolete medical diagnoses where the definition is poorly understood.

INTRODUCTION
For much of the twentieth century, the diagnosis of "general paralysis of the insane" ("GPI") was understood to be a possible
For much of the twentieth century, the diagnosis of “general paralysis of the insane” (“GPI”) was understood to be a possible outcome of neuro-syphilis and this interpretation has been widely used in neurological and medical journals in the twentieth century (Fraser 1981, Dawson-Butterworth and Heathcote 1970; Laird 1962, Nicol 1956, Galbraith 1938). This statement is further supported by evidence provided by Cumpston and Lewis (1989:270), who discuss that in 1911, 59 out of 99 “idiot” Australian children showed a positive Wassermann reaction. There is therefore the potential for one to argue that the diagnosis “GPI” also occurred as a consequence of neuro-syphilis in the nineteenth century. This has been argued by Davis (2008) to be the case in Scotland from 1880 to 1930, but it will be shown that this assumption does not fit with the analysis of the data derived from the study period (1886 to 1906) of this paper. This paper presents these results and makes some discussion into why so much confusion exists surrounding the diagnosis of GPI in the nineteenth century.

To further this argument, an aim of this project is to determine the cause of a GPI diagnosis in a “normal” patient, as defined in epidemiological studies (Bonita et al 2006:134).

It is an important consideration that “insanity” may have been over-diagnosed during the study period; Malcolm (2009:49) quotes Henry Burdett who in 1891 said “lunacy is more general in Victoria than in the other Australian colonies” and Ephraim Zox (chairman of the 1884-6 Victorian Royal Commission on Asylums) who said of Victoria that it was “the maddest place in the world”.

**SEPARATION OF DISEASE AND DIAGNOSIS**

Cunningham (2002) has made an observation that disease is not only a pathological reality but also a social construction based on human social relations and habits, a statement supported by Pèzet (2002:7) and Tedebbrand (2002:94) as examples. The author’s research presents a modification to this and is an important methodological foundation of this paper. In this paper the position is taken that disease is a pathological reality, and that the disease itself is not altered just because the people observing it did not understand it. In reality, it is the definition of a disease which is not easily defined and is never described perfectly. However, we do know that disease exists. The diagnosis (including classification and described signs and symptoms) is what is described as a result is a social construction based on human understanding, social relations and on the habits of the population in which the disease existed. Diagnosis is therefore the artefact not only of disease but also of the social habits of the affected population. It is the disease classification that is imperfect, and not the disease.

Therefore, disease and diagnosis, although related, are actually different entities, one is a product of a biological reality the other is the scientific, social and/or cultural interpretation of that reality. When conducting an analysis of historical epidemiology what is actually being studied is the frequency of use of the descriptive artefact, not the disease itself. This however presents as a problem as scientific, social and cultural ideas can change over time. Arrizabalaga (2002:57) supports this in that the diagnosis becomes less specific with reduced scientific understanding and therefore the older the information the harder it is to interpret using historical methods only. Therefore the statistical analysis of historical mortality and morbidity data is also important.

**ANALYSIS OF THE VICTORIAN REGISTRAR GENERAL’S REPORTS**

The “GPI” diagnosis was not used in the Registrar General’s Reports for the entire duration of the publication of those reports (Figure 1) and at the times when it was used (from 1886 to 1907), male deaths greatly outnumbered female deaths. Also, the age group whose death was most frequently described using the diagnosis “GPI” (Figure 2) were also in the older age ranges and that the diagnosis was reasonably endemic. [Also shown in Figure 2 is that by 1906 the use of this diagnosis dropped dramatically.]

**Figure 1.** Male and Female Mortality Rates (per 100,000) for ‘Insanity’ and ‘Insanity (General Paralysis of the Insane)’, calculated from the Victorian Registrar Generals’ Reports

**Figure 2.** Age/Cause specific death rates (deaths per 100,000) calculated from the Victorian Registrar Generals’ Reports for the category ‘insanity(general paralysis of the insane)’ for 1891,
The reasons why the author believes that "GPI" does not refer to a form of neuro-syphilis in the majority of cases within the study period is displayed in Figure 3. This scatter plot displays the correlation between "GPI" mortality and that of "syphilis" for people over 15 years of age (the venereal syphilis cases) as recorded in the Registrar General’s reports. Firstly there is very little correlation between "GPI" and "syphilis" mortality rates, with a Pearson correlation of r=0.31. If "GPI" were to in fact refer to mortality from tertiary syphilis, there should be a good correlation with mortality from "syphilis" as they should both be driven by the same underlying causes. This correlation is reduced further to r=0.01 by removing the points for 1904, 1905 and 1906, which as discussed in Roberts (2013), relies on potentially unreliable data from the Victorian Registrar General’s Reports and appear as outliers in Figure 3.

**Figure 3.** 'GPI' versus 'Syphilis' over the age of 15 (deaths per 100,000) calculated from Registrar Generals’ Reports

The second thing that this chart shows is that "GPI" often described nearly twenty times more deaths than "syphilis" in adults (over the age of 15 years). In modern times, neuro-syphilis occurs in approximately 8% of tertiary syphilis cases (Tierney and Fitzgerald 1981). Even if there was a chronic under-diagnosis of syphilis, a crude extrapolation of this information using the mortality rate from "GPI" in nineteenth century Victoria produces an unrealistically high prevalence of syphilis within the study period. For example, crudely, if there are 13 deaths per 100,000 from GPI and 8% of tertiary syphilis cases develop GPI (which in addition contains the unrealistic assumption that all neuro-syphilis cases became GPI) then tertiary syphilis morbidity in Victoria...
should be, approximately, 160 per 100,000. But in reality syphilis deaths, at the same time as GPI was 13 deaths per 100,000, were only 1.2 deaths per 100,000, which would suggest that in Victoria, prior to any effective treatment, the mortality rate for tertiary syphilis was less than 1%.

The diagnosis specific mortality rates for other diagnoses that could be related to insanity or paralysis is shown in Figure 4. The link between the pre and post 1886 classification of insanity is evident in the dramatic change in associated mortality. Although the link between the diagnoses is clearly not perfect, the rate of deaths from this cause never rises above 35 deaths per 100,000 in any of the years being studied. In 1853, "insanity" was a more common diagnosis, dropping substantially by 1859, which appears to parallel the Gold Rush period. This immediately raises the question of mercury poisoning in that period, as mercury amalgams were historically a common method of removing fine gold from gold bearing material (Lynch 2002). Mercury was also often used to treat syphilis as well as a wide variety of other diseases (O'Shea 1990) which has the potential to contribute to morbidity from mental health in the nineteenth century. Unfortunately the extent of this issue will be difficult to test without biochemical analysis.

Figure 4. Diagnosis Specific Mortality Rates for diagnoses recorded in the Registrar Generals' Reports from 1853 to 1906 relating to 'insanity' and 'paralysis'

[Descargar tamaño completo]

A STUDY OF DIAGNOSES USED IN THE BENDIGO BASE HOSPITAL AND ROYAL MELBOURNE HOSPITAL

To determine what sorts of symptoms could be associated with a fatal case of "insanity", a key word search was conducted on the administration registrar of the Bendigo Base Hospital (BBH[1]) and on the Doctor's Book Index of the Royal Melbourne Hospital (RMH)[2]. Both of these facilities are general hospitals not mental health facilities. Any words referring to an altered mental state of the patient, were sought. The key words identified in the hospital records were delirium, delusion/delusional, insanity/insane, senile/senility, mental, mania/maniac, hysterical/hysteria, lunacy/lunatic, dementia and melancholia. All cases that included one of these terms (including spelling variations) were selected to make up a sub-population for further study. This group was then assessed for its hospitalised case fatality rate at each hospital, demographic profile and associated symptoms.

It is acknowledged that there is nothing specific that relates these terms to GPI, however the "GPI" diagnosis was not used at all in the RMH and only in three cases at the BBH which does not correlate with the mortality rates reported in the Registrar General's reports. This suggests that there was little consistency regarding the use of this diagnosis between institutions. This may account for the degree of confusion surrounding this diagnosis.

The hospitalised case fatality rate for diagnoses that appear to relate to some sort of mental disorder are shown in table I. This table was compiled according to the key word searches in both the BBH and RMH. There is a dramatic difference in rates between the two hospitals in number of cases treated, including in the rate of unstated outcomes, in both the case fatality rate and in the diagnosis rate. In nearly all figures, the BBH appears to contain the more reliable data.

Table I. Key words used to create 'insane' population in the BBH and RMH, with associated hospitalised admission fatality proportion (HAFP) and unstated outcome rate
The BBH has produced a much larger population in this case study, which is believed to be a result of the administration practices between the two hospitals rather than there being more cases of mental disorders in Bendigo. The RMH could easily transfer patients to the mental health facility at Yarra Bend, where the BBH could not. The terms "delirium" and "hysteria" might not have been included in the analysis, as they appear to refer to a symptom of fever or head injury, and a description of the emotional state of the patient, respectively, rather than a mental illness. They have not been removed in this instance in order to demonstrate the method used. If these two diagnoses were to be removed, however, the number of cases of mental illness admitted would be reduced; indeed the RMH cases are further reduced by approximately another two thirds, highlighting that the RMH rarely admitted mentally ill patients.

RMH also has a much larger rate of unstated outcomes when compared to the BBH records. This is probably due to the intention of the source data; RMH doctor’s books were not necessarily concerned with patient administration, whereas this was the primary role of the BBH administration records. The associated case fatality rate against the chosen key words are often much higher in the RMH: although not fully understood, this is thought to be due to patients being admitted to the RMH at a later stage of the disease progress. Due to these issues, the results from the RMH will be considered less reliable that those from the BBH in this case.

The highest Hospitalised Admission Fatality Proportion (HAFP) for these diagnoses is "senility" in the BBH, and is much higher than the other key diagnoses. "Delirium", also has a higher HAFP as stated this would be expected where the term is linked to fever and other causes.

A count of other symptoms and descriptions of patients who died in either the RMH or the BBH is displayed in tabla II. In the BBH there were 218 deaths in the selected sub-population. The most commonly associated symptoms, in order of frequently reported, are “debility”, heart disease, pulmonary involvement (asthma, bronchitis, pneumonia, “phthisis”) diarrhoea/ dysentery and gangrene. Gangrene as an associated symptom of “insanity” or often more specifically a “senile” case, is particularly interesting as it is thought that this may be linked to diabetes, bed sores or other disorders of blood circulation, which is not surprising in the older aged population. However, of all of the cases where the patient died at both hospitals only one case at the RMH associates syphilis with a death.

Table II. Counts of symptoms associated with a fatal case in the selected sub-population at the BBH and the RMH
A number of previous studies have suggested that there was a purposeful misdiagnosis of tertiary syphilis as "GPI". Lewis (1998:64), for example, suggests that to get around hospital administration restrictions, some venereal disease patients were treated "virtually", that is, admitted for a phantom complaint but treated for their actual disease. However, Lewis's data on set on Victoria only starts in 1907. The author does not dispute that "GPI" probably did refer to a form of neuro-syphilis after the revolution in mental health from the 1880s and through to the first decade of the 1900s. It is for the majority of the nineteenth century in Victoria that this association is overstated. The association was also debated in the nineteenth century. Rudolf Virchow rejected the idea that syphilis was the primary cause of "GPI" in 1898 (Lewis 1998:69), although other nineteenth century researchers such as Jaspersen (1874) and Fournier (1894) have claimed that the primary cause of the "GPI" diagnosis was syphilis (Lewis 1998:70).

It is entirely probable that deaths in the nineteenth century attributed to GPI are a large number of conditions. This proposition is supported by discussions regarding GPI by Sibbald in Quain (1886:531). Sibbald (1886) defines the diagnosis of "GPI" as: "a gradual loss of power of coordinated movement, accompanied by gradually increasing mental disturbance and decay." Kraepelin (1904:190-199) case studies of GPI supports this reference with additional symptoms such as loss of memory, impaired pain responses and reflex action. These definitions are quite broad and Sibbald (1886:531) further suggests that the "general paralysis of the brain" may be brought on by:

...excessive mental labour, severe anxiety, by alcoholic or venereal excess, or by any prolonged strain upon the mental organisation. It may also be induced by a blow or other direct injury to the head. Hereditary predisposition is probably not without influence in its production; .... the disease most frequently attacks persons who have previously been apparently in the enjoyment of vigorous health.

Others such as R. von Kraft-Ebing (1877) cited factors such as heredity, menopause, alcoholism, excessive cold or heat, head trauma, and smoking. A.B. Morel (who introduced the doctrine of degeneration) indicated in 1857 that mental degeneration could be caused by alcoholism, social conditions, temperament or congenital defects (Lewis 1998:69). Grant (1897) also describes six cases of GPI all of which appear to have had different causes. This nineteenth century discussion does not preclude neuro-syphilis as a contributing factor to mortality given as "GPI", because "venereal excess" is included as a cause. But it also does eliminate numerous other mental disorders, highlighting that the diagnosis had a much broader meaning in the nineteenth century.

Baillarger 1883 identifies three types of "general paralysis of the insane" these being: manic-ambitious, melancholic-hypochondriac and dementia (Baillarger 1883). In 1883, Baillarger identified "paralytic insanity" and "paralytic dementia" as separate diseases because of the occurrence of cerebral lesions and their relationship to behaviour (Baillarger 1883). This suggests that for Baillarger there was a refinement at this point for the GPI diagnosis, through observation the single diagnosis is split into five different diagnoses. He concluded that patients who had symptoms associated with "GPI", but who did not present with lesions, the causative disease must have had a different origin (Berrios 1985). Baillarger's work resulted in the single cause hypothesis of the diagnosis "GPI" being removed in the late 1880s and various new diagnoses beginning to appear.

Degenerative disorders of the brain were being described to be included in the nineteenth century which may further explain the evolution of the diagnostic meaning of "GPI". Of those listed, Parkinson's disease was the first to be described in 1817 by James Parkinson (Patten 2003), some 23 years before the study period. However, during the nineteenth century the disease was...
referred to as “paralysis agitans”. It is important to note that this term replaced “GPI” in the Victorian Registrar General’s reports in 1886 (Figure 4).

Stroke is another, obvious, disease that make alter a person’s mental state and impair motor function. Stroke was described in the nineteenth century as “apoplexy”, a description usually thought to mean bleeding into an organ (Poirier and Derouesne 2003). The brain is generally considered as the default where no other organ is mentioned (Quain 1886). It is thought by this author, however, that a diagnosis of “apoplexy” would describe the more overt symptoms of stroke, or where there is bleeding evident in the brain at autopsy. Although it is acknowledged that it is unlikely that sudden and dramatic brain damage resulting from a major stroke would have been misdiagnosed as “insanity” or “paralysis”, personality change resulting from hypertensive brain injury or because of multi-infarct dementia, however, may not have been as obvious to nineteenth century physicians. Hypertensive brain injury or multi-infarct dementia therefore have been included in the more generic description of “GPI” in the nineteenth century. Support for this comes from Dr P. Smith (1873-42) who describes typical post mortem results of an “insane” patient admitted to mental asylums in Victoria who died soon after admission as follows:

An examination of the brain shows thickening of the brain membranes, changes in the blood-vessels, marks of absorption of old clots, &c, which must have existed for a long time prior to death, and which during life must have given rise to symptoms which to any careful observer must have been most significant.

The late nineteenth and early twentieth centuries saw great advances in disease diagnosis. Multiple Sclerosis was also described quite early in the nineteenth century, by Jean-Martin Charcot in 1835 (Compton 1988). George Huntington described Huntington’s Disease in 1872 (Devor 1999), while Arnold Pick described Pick’s Disease in 1892 (Amano and Iseki 1999) and 1906 was the first time that pathology and clinical symptoms of pre-senile dementias, such as Alzheimer’s Disease, were described by Alois Alzheimeir (Kiple 2003). Harvey Cushing’s work on Cushing’s Disease started in 1901 at Johns Hopkins University (Greenblat 2003). Kraepelin’s fifth edition of Psychiatry was published in 1896 (Pasamanick 1959). What this also shows that for much of the nineteenth century most of the degenerative brain diseases had also not been described. Deaths associated with the pathological reality of these diseases have been classified somehow prior to their discovery and “GPI” seems the most likely contender considering its high associated mortality rate.

In 1904, Kraepelin gave a lecture series on mental illness characterising a large number of disease types; lecture XX was on GPI (Kraepelin 1904). Chronologically this lecture series represents a high water mark in the revolution in mental health study. It was after this when medical diagnoses associated with mental health began to become more specific.

The years 1906 and 1907 are important in this study as they mark the year when “GPI” stopped being used by the Victorian Registrar General and when the Lewis (1988) study starts. Lewis concluded that “GPI” referred to neuro-syphilis in Australia.

Some support for this observation comes from the United States. Wickman (2006:697-8) observed that in nineteenth century Virginia, dementia was diagnosed and treated as a form of mental “derangement” and its sufferers treated as “imbeciles”. In addition, Superintendent William A. White of the U.S.A. Government Hospital for the Insane, described the three main forms of insanity in American hospitals in 1907 being “manic depressive psychosis”, “involutional melancholia” and “dementia precox”. This again demonstrates that dementia was considered a form of insanity in the nineteenth century (Hirsbein 2009:710).

This historical analysis therefore promotes the idea that prior to this revolution in degenerative brain disease, “GPI” was a generic term for the dementia illnesses and degenerative brain disease, regardless of the cause. This was progressively refined as new diseases were described, leaving syphilis as the primary cause at the start of the twentieth century.

**SUMMARY OF RESULTS**

From the evidence presented in the preceding sections, it can be inferred that a typical patient who was described in the Victorian Registrar General’s reports as having GPI, was elderly and nearly twice as often male. In addition, the underlying cause appears to have been endemic and killed 20 people per 100,000 annually. Within the study period, this mortality rate is comparable with causes of death such “pulmonary apoplexy”, “tubercular meningitis” and the combined accidents of childbirth, and was higher than mortality described as “cholera”. In the hospital records, those who died with a diagnosis that was associated with a mental illness were not generally associated with syphilis (one case only). In contrast their death was associated with observations of “debility”, “heart disease”, “diarrhoea” and “gangrene”. The GPI diagnosis was however rare in both hospitals, which contradicts the mortality rate reported in the Registrar General’s reports.

The combination of this epidemiological study and a review of the historical literature suggests that dementia was a common cause for a “GPI” diagnosis in the Victorian Registrar General’s reports in the study period, but this does not necessarily hold true for the hospital records. This is supported by the history of the development of understanding dementia illness in the late nineteenth century and early twentieth century.

When the present study was initiated, heavy metal poisoning was initially considered to be a strong candidate as to the cause of the diagnosis of “insanity”, as mercury amalgams were a common method of extracting gold from gold bearing gravel on the Victorian Goldfields. Mercury had also been used as a chemotherapeutic drug since the 15th century O’Shea (1900) and both the Royal Melbourne and Bendigo Hospitals discuss its use in the treatment of syphils cases during the study period. However, a case of mercury poisoning, as with other chronic metal poisoning, would generally present with a number of other symptoms, including coughing, vomiting, symptoms associated with kidney damage, eye problems and oedema, none of which are mentioned in many cases in the hospital records (ATSJR 2010). Mercury poisoning may have been more important as a cause of mortality diagnosed as GPI, however, as the crude mortality rates in Figure 4 show much higher rates of “insanity” in the early 1850s paralleling the Gold Rush boom years, it is believed that this cause became less important regarding fatal “insanity” as the century progressed.

**CONCLUSIONS**

Throughout the twentieth century, “GPI” was understood to be a type of neuro-syphilis, but this meaning appears to have been the result of the refining of other diseases as they were isolated and described, leaving neuro-syphilis as the primary definition in the twentieth century in the Registrar General’s reports. Neuro-syphilis simply could not have produced the “GPI” data set collected in this study by itself. However, “GPI” was a rare diagnosis in the hospital records which raises further questions regarding this diagnosis as its meaning may have shifted between institutions and regions. This may explain the conclusions of Davis (2008) for Scotland (which contradict this paper) and the debate surrounding the diagnosis. This being that the practice of the use of the diagnosis varied dramatically with a doctor’s education and background. To verify this conclusion data sources from a number of other regions would have to be analysed using a similar method to this paper.

Dementia and other degenerative brain diseases remain the most plausible explanations for the majority of diagnoses of “GPI” in historical medical records in Victoria in the nineteenth century. It is not clear, however, whether the cause for the dementia was a degenerative brain disease, cardio-vascular disease, long term effects of substance abuse, a metabolic disorder or cancer, and possibly even some heavy metal poisonings cases may have been classified as “GPI” by the Registrar General in the
mortality records. The author also believes that syphilis did contribute a number of cases to the "GPI" classification but this percentage did not become significant until other diseases were identified and given their own diagnoses.

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NOTES

[1] The Bendigo Base Hospital administration records contain; the date of admission, the patient’s surname, the patient’s given name, the patient’s occupation, how long the patient had been a resident in the colony, the patient’s religion, the patient’s residence, the patient’s place of birth, next of kin information, next of kin residence, person the patient was recommend by (if applicable), receiving doctor, the complaint or disease, the anaesthetist (if applicable), the surgeon (if applicable), the operation (if applicable), period in hospital, the outcome of the case, date of discharge or outcome, the patients age and any additional comments.

[2] The Royal Melbourne Hospital index contains; the outcome of the case, the hospital ward, the doctor’s surname, patient’s name, the date admitted, the age of the patient, the patient’s marital status, the patient’s occupation, the patient’s place of birth, the patient’s residence, the patient’s religion, how long the patient had been a resident in the colony, a brief description of the complaint, the date of discharge, and any comments made by the attending physician.

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